

# Targeting with In-kind Transfers: Evidence from Medicaid Home Care

Ethan M.J. Lieber and Lee M. Lockwood\*

July 20, 2017

## Abstract

Many of the most important government programs make transfers in kind as opposed to in cash. Making transfers in kind has the obvious cost that recipients would prefer cost-equivalent cash transfers. But making transfers in kind can have benefits as well, including better targeting transfers to desired recipients. In this paper, we exploit large-scale randomized experiments run by three state Medicaid programs to investigate this central tradeoff for in-kind provision. We find that in-kind provision of formal home care significantly reduces the value of benefits to recipients while targeting benefits to a small fraction of the eligible population that has a greater demand for formal care, is sicker, and has worse informal care options than the average eligible. Under a wide range of assumptions within a standard model, the insurance benefit of the targeting effects exceeds the distortion cost. This highlights an important cost of recent reforms that move toward more flexible, cash-like benefits.

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\*Lieber: Notre Dame, Ethan.Lieber.2@nd.edu; Lockwood: Northwestern University and NBER, lee.lockwood@northwestern.edu. We are grateful to Norma Coe, Gopi Shah Goda, Seema Jayachandran, Brian Melzer, Matt Notowidigdo, Iuliana Pascu, Mike Powell, Emmanuel Saez, Diane Schanzenbach, Jesse Shapiro, Courtney Van Houtven, and many seminar participants for helpful comments. We thank Jose Carreno, Vishal Kamat, and Zeyu Wang for excellent research assistance. The research reported herein was performed pursuant to a grant from the U.S. Social Security Administration (SSA) through the Michigan Retirement Research Center (Grant #5 RRC08098401-05), funded as part of the Retirement Research Consortium. The opinions and conclusions expressed are solely those of the authors and do not represent the opinions or policy of the Social Security Administration, any agency of the Federal Government, or the Michigan Retirement Research Center.

# 1 Introduction

In-kind transfers are a ubiquitous feature of government programs, private contracts, and charitable giving. In the U.S. in 2015, government spending on in-kind health care alone totaled more than 8 percent of GDP (Centers for Medicare and Medicaid Services, 2017). In-kind transfers are also at the heart of a crucial debate about the relative desirability of benefit programs that are more universal and flexible versus more targeted and restrictive.<sup>1</sup>

Central to this debate is a key tradeoff inherent to in-kind transfers. In-kind provision has a fundamental cost: Recipients would prefer cost-equivalent cash transfers. But this cost is linked to an important potential benefit: If in-kind provision leads certain people to take up more benefits than others, it can improve the targeting of transfers when information or other constraints preclude more direct targeting (Nichols and Zeckhauser, 1982; Blackorby and Donaldson, 1988). In the context of insurance, for example, if someone’s valuation of a particular in-kind benefit is higher in states of the world in which marginal utility is higher, in-kind provision can help concentrate benefits in those states and thereby better insure the risk. In such cases, there is a tradeoff between providing benefits that are more valuable to recipients (for which less restrictive cash-like benefits are best) and providing benefits that better target transfers to higher-marginal utility states (for which more restrictive in-kind benefits might be best). These costs and benefits are crucial determinants of the optimal benefit design.

In this paper, we develop a general framework for analyzing this key tradeoff of in-kind provision, and we apply it to the context of home care. Home care helps people with chronic health problems live at home instead of in nursing homes. It includes assistance with eating, dressing, and bathing, and it is provided by both hired caregivers (“formal care”) and family and friends (“informal care”). Home care is an especially important context in which to analyze the consequences of in-kind provision for two main reasons. First, it is one of the largest and fastest-growing components of what is likely the largest and fastest-growing type of in-kind benefits: health benefits. Spending on formal home care was \$88 billion in 2015 and is growing rapidly both in absolute terms and as a share of health spending.<sup>2</sup> Second, many states in the U.S. and countries in Europe have reformed their home care programs to make the benefits more flexible and cash-like (National Conference of State Legislatures,

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<sup>1</sup>For example, in several rich countries, there is an active debate about the desirability of universal basic income programs versus more restrictive and targeted transfers of food, housing (Collinson et al., 2015), medical care (Doty et al., 2010), and other goods.

<sup>2</sup>This statistic is based on data from the national health expenditure accounts. In the U.S., government spending on in-kind health-benefit programs totals more than \$1.3 trillion, and the recent Affordable Care Act increased such in-kind health benefits substantially through expanded Medicaid eligibility and subsidies for health insurance. Moreover, much of the remainder of the roughly 20 percent of GDP worth of spending on health care comes through in-kind private health insurance benefits.

2007; Da Roit and Le Bihan, 2010). Fifteen state Medicaid programs allow recipients to use benefits to pay informal caregivers or buy equipment for their homes (Doty et al., 2010). In addition, early versions of the bill that became the Affordable Care Act included a long-term care insurance program that would have paid cash benefits.<sup>3</sup>

The theory highlights three key determinants of the welfare consequences of in-kind provision. One is heterogeneity in the demand for the good within benefit-eligible states of the world; this determines the size the targeting effects of in-kind provision. We find significant heterogeneity in the demand for formal care not only in benefit-eligible states (having two or more activity of daily living limitations) but also conditional on an extensive set of observable characteristics and a detailed medical exam. This indicates that in-kind provision of home care should have large targeting effects, significantly concentrating benefits within the benefit-eligible population. It also suggests that even extensively-“tagged” cash benefits—based on a large set of personal and household characteristics—would leave significant risk uninsured.

The second key determinant of the welfare consequences of in-kind provision is the sensitivity of demand for the good to the composition of benefits. This determines how the value to recipients of the in-kind benefit compares to its cost. We take advantage of large-scale randomized experiments run by three state Medicaid programs—the Cash and Counseling demonstrations—to estimate the sensitivity of demand for formal care to the composition of benefits and the value of in-kind home care benefits to recipients. These experiments randomized a subset of Medicaid in-kind home care participants to either Medicaid’s standard in-kind formal care benefit or a near-cash benefit.<sup>4</sup> Using the exogenous variation in the price of formal care generated by the randomization, we find that a one-dollar reduction in the hourly price of formal care leads to a 1.8-hour-per-week increase in consumption.<sup>5</sup> This implies that in-kind provision significantly increases formal care consumption—a full subsidy is predicted to increase consumption by 25 hours per week, 3.5 times average consumption

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<sup>3</sup>This program, known as the CLASS (Community Living Assistance Services and Supports) Act, was eventually repealed due to concerns about its budgetary sustainability.

<sup>4</sup>We use the term “near-cash” because recipients were required to spend their cash benefit on care-related expenses, including payments to informal caregivers. Virtually every recipient received enough informal care to more than exhaust their budget, so the requirement to spend on care-related expenses is unlikely to have been very costly to most recipients. Existing research on the Cash and Counseling experiments has found that being randomized to the near-cash rather than the in-kind benefit led participants to have greater satisfaction with their care, greater satisfaction with their life overall, and it did not lead to worse health (Foster et al., 2003; Brown et al., 2007; Lepidus Carlson et al., 2007). This evidence has played an important role in the growth of more flexible, cash-like benefits (Doty et al., 2010).

<sup>5</sup>The large, exogenous variation in the price of formal care generated by these experiments offers important advantages over other settings. Non-experimental estimates of the demand for formal care face a particularly difficult identification problem: Many factors that shift the supply of formal care also shift the supply of *informal* care and thereby shift the demand for formal care. This leads to simultaneity bias. The variation also spans the range of prices most relevant for policy from zero to the market price.

among those randomized to the near-cash benefit—and that the average value to recipients of the in-kind benefit is far below its cost. The estimates imply, for example, that a recipient of the average in-kind transfer would value it at just 28 percent of its cost.

That many recipients value the in-kind benefit far less than its cost does not imply that more flexible benefits would be better. The low value raises the likelihood that in-kind provision has important effects on benefit take up and thereby on the distribution of benefits within the eligible population. If such take up decisions concentrate benefits in high-marginal utility states, they can help insure the risk. The covariance between benefits and marginal utility is the final key determinant of the welfare consequences of in-kind provision. On the extensive margin program take-up decision, we estimate that only 4 to 16 percent of people eligible for Medicaid home care take up benefits. Compared to the average eligible individual, people who take up benefits have much greater demand for formal care, are much sicker, and have fewer likely informal caregivers. On the intensive margin among participants in the Cash and Counseling experiments, in-kind provision concentrates benefits substantially: the variance in benefits is 7 times greater among those randomized to the in-kind benefit. Together these results indicate that in-kind provision sharply concentrates benefits on the small fraction of benefit-eligible states in which demand for formal care is especially high. To the extent that marginal utility is also relatively high in these states, in-kind provision could significantly improve insurance.

The reduced-form analysis suggests that designers of home care benefits face a stark version of the tradeoff described above: Restrictive in-kind benefits are much less valuable to recipients, but flexible cash-like benefits leave most of the risk uninsured. This raises the question: Does the targeting benefit in-kind provision exceed the distortion cost? We use a structural model to quantify these costs and benefits in a unified, expected utility framework, and we test the robustness of our results to a wide range of alternatives. The key inputs are the price sensitivity of demand for formal care and the distribution of demand for formal care, both of which we estimate directly. We find that across a wide range of assumptions, the optimal contract involves a large in-kind component and delivers substantial welfare gains over cash-benefit contracts. The desirability of providing formal care in kind arises from the significant heterogeneity across states in the demand for formal care, which in the absence of a large formal care subsidy translates into significant heterogeneity in non-care consumption and marginal utility.

Our results provide new insights into long-term care risk, insurance, and policy. There are many known barriers to private, voluntary long-term care insurance, including Medicaid and adverse selection (see Brown and Finkelstein, 2011, for a review). We estimate the importance of two fundamental barriers to any long-term care insurance, private or government,

voluntary or mandatory: hard-to-verify heterogeneity and moral hazard. Our findings reveal a fundamental dilemma for insuring long-term care risk. On the one hand, that formal care consumption is highly sensitive to its price implies that many recipients would be significantly better off *ex post* with a cost-equivalent cash transfer. It also implies that a large “moral hazard tax” plagues most long-term care insurance contracts—an under-appreciated difficulty facing a market with many other challenges besides—and raises the effective loads to consumers above existing “supply-side” estimates that do not account for moral hazard (e.g., Brown and Finkelstein, 2007; Friedberg et al., 2014). On the other hand, that even richly-tagged cash benefits leave most of the risk uninsured suggests that providing home care in kind might be an unfortunate but necessary cost of insuring the risk from chronic health problems. Especially when combined with the other potential benefits of in-kind provision of home care, our findings raise concerns about the many recent reforms that make long-term care benefits more flexible and cash-like.<sup>6</sup>

Our paper contributes to the literature on in-kind transfers. Although the theoretical branch of this literature analyzes a variety of potential benefits of in-kind provision (see Currie and Gahvari, 2008, for a review), the empirical literature has mostly focused on estimating the consumption distortion from providing benefits in kind.<sup>7</sup> For example, Moffitt (1989), Whitmore (2002), and Hoynes and Whitmore Schanzenbach (2009) all find that providing food in kind has relatively small effects on recipients’ choices relative to cost-equivalent cash transfers because many recipients are inframarginal and resale opportunities allow them to convert their in-kind benefit into cash. Whereas the apparent similarity of food stamps to cash benefits reduces the likelihood that in-kind provision has important effects in that context, in the many contexts in which in-kind transfers are large and resale is difficult—such as the major in-kind health care and education benefit programs—the fundamental tradeoff we analyze could be of great importance.

Our paper also contributes to the literature on incomplete take up of transfer programs. That many important government programs are taken up by only a small fraction of those eligible for benefits has motivated research aimed at understanding take up decisions (see

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<sup>6</sup>An extensive theoretical literature investigates a variety of potential benefits of in-kind provision in addition to targeting, including increasing the efficiency of the tax system (Munro, 1992), reducing moral hazard in the context of the Samaritan’s Dilemma (Bruce and Waldman, 1991), internalizing externalities, indulging paternalistic preferences, shifting prices in a desirable way (“pecuniary effects,” Cunha et al., 2011), mitigating asymmetric information problems, solving political economy problems, and redistributing resources within households or families (see Currie and Gahvari, 2008, for a review). Some of these other potential advantages of in-kind provision may be important in the context of home care as well, especially tax system efficiency (since providing informal care appears to reduce market work, e.g., Ettner, 1995) and perhaps the Samaritan’s Dilemma (providing care to one’s elderly parents may make it more likely that one will rely on means-tested transfers in the future). Any such benefits would increase the relative desirability of in-kind provision of home care beyond our estimates.

<sup>7</sup>An exception is Cunha et al. (2011), who find that in-kind provision of food transfers reduced food prices in Mexican villages.

Currie, 2006, for a review). While in some contexts low take up is undesirable, our analysis suggests that in the context of home care, low take up significantly improves risk sharing. Researchers have investigated the extent to which different personal and household characteristics are associated with take up in contexts such as disability insurance (Low and Pistaferri, 2015; Deshpande and Li, 2017), Medicaid (Cutler and Gruber, 1996), housing assistance (Reeder, 1985), and Supplemental Security Income (Benitez-Silva et al., 2004). Other work has investigated the targeting effects of ordeals (Atalas et al., 2016), subsidized prices (Cohen and Dupas, 2010), and delegating authority over the distribution of benefits to local leaders (Atalas et al., 2012; Basurto et al., 2017). Our work complements and extends this literature by investigating not only who is targeted by different benefit designs and eligibility rules but also the welfare consequences, including the effects on both targeting and the value of benefits to recipients. The approach we develop to do so should be useful in many other contexts as well.

## 2 Theory

This section develops a theoretical framework for analyzing a central tradeoff for in-kind provision: in-kind provision can improve targeting at the expense of distorting consumption and being less valuable to recipients than a cost-equivalent cash transfer. In order to guide our analysis of home care insurance, we focus on the problem of insuring a risk, where the goal is to target high-marginal utility states. But with small adjustments, the framework can be applied to questions of redistribution across different types of people as well.

The key feature of in-kind provision is that the size of the transfer an individual receives depends on his or her consumption of the good in question. One can view an in-kind benefit program as providing a cash benefit while at the same time imposing a restriction on recipients that they must consume at least a certain amount of the good in question. As Nichols and Zeckhauser (1982) emphasize, imposing restrictions on recipients can improve the targeting of benefits to desired recipients who cannot otherwise be distinguished from would-be “mimics,” if meeting the restriction is more costly for mimics than for desired recipients. Imposing such a restriction relaxes the incentive compatibility constraints on mimics’ participation and thereby allows the program to make greater transfers to desired recipients.

An in-kind benefit can be modeled as a (potentially non-linear) price subsidy. Many in-kind benefit programs, such as food stamps, offer individuals up to a fixed quantity of the good at no charge. When resale is not possible, this has the same effect on a participating individual’s budget constraint as a non-linear price subsidy of 100 percent on units up to the

benefit limit and 0 percent on units above the limit.<sup>8</sup> In this section we focus on the case of a subsidy program with no quantity limit. We do this both for simplicity of exposition and because in many states, including the states that ran the Cash and Counseling experiments, the Medicaid home care program does not appear to have binding benefit limits in practice. The results are easily extended to cases with benefit limits.

The key considerations for in-kind provision can be seen in Figure 1. Figure 1 shows the values (in terms of equivalent variations) and efficiency costs of a price subsidy on a particular good for each of two people with different levels of demand for  $X$ . The price subsidy is worth less to each person than it costs the government or insurance company to provide due to the induced change in consumption. The size of this change is increasing in the compensated own-price elasticity of demand. The price subsidy is worth more to people who consume more of the subsidized good, so, relative to a cost-equivalent cash benefit, the subsidy redistributes toward people who consume more of the good from people who consume less of the good.

## 2.1 The benefit program and its budget constraint

Consider the problem of designing a mandatory benefit program for a population of ex-ante identical individuals whose ex-post distribution of types is  $F(\theta)$ .<sup>9</sup> An individual's type,  $\theta_i \sim F(\theta)$ , embeds all of the individual's characteristics that are relevant for determining the costs and benefits of alternative benefit designs, including any relevant heterogeneity in preferences and budget constraints. The planner knows the distribution of types,  $F(\theta)$ , but cannot verify any single individual's type.<sup>10,11</sup>

Consider an idealized in-kind benefit program that potentially combines two elements: a

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<sup>8</sup>The nature of resale opportunities, if any, is an important determinant of the effects of in-kind benefit programs. In the case of home care benefits, resale is impossible. In the case of food stamps, by contrast, resale markets are an important feature of the environment. Whitmore (2002) presents survey evidence that food stamps trade at about 65 percent of their face value in the resale market.

<sup>9</sup>That the program is mandatory is not essential. It just simplifies the exposition by eliminating take-up decisions.

<sup>10</sup>We focus on the problem of designing benefits for a population of ex-post heterogeneous individuals who cannot be verifiably distinguished. This population could be a sub-population of a broader population, where the sub-population is distinguished from the broader population by the values of some verifiable characteristics. Differences in verifiable characteristics allow the program to “partition” the population into sub-groups and treat these groups differently. Groups of individuals who can be verifiably distinguished can be given different benefits directly; the planner need not resort to imposing restrictions on recipients in order to redistribute across these groups. In the extreme case in which all of the heterogeneity in marginal utility occurs across rather than within groups, pure cash-benefit contracts can achieve the first-best allocation. In the opposite extreme in which all of the heterogeneity in marginal utility occurs within rather than across groups, pure cash-benefit contracts can provide no insurance within the eligible population.

<sup>11</sup>For simplicity, we ignore any second-best considerations that might arise from the interaction between the program and other distortions in the economy. We discuss such considerations in Section 6 and the conclusion.

cash benefit,  $b$ , and a linear subsidy on good  $X$ ,  $\sigma$ . The cash benefit and subsidy rate are common across all eligible individuals and are automatic in the sense that there are no take-up decisions; all eligible individuals receive the cash benefit and are subsidized on their purchases of good  $X$ . Two special cases of this combined cash-plus-subsidy program are a pure cash-benefit program ( $b > 0, \sigma = 0$ ) and a pure subsidy program with no cash benefit ( $b = 0, \sigma > 0$ ). A pure in-kind benefit program like Medicaid home care has a zero cash component and a full subsidy, ( $b = 0, \sigma = 1$ ).

Average per-eligible spending on the program,  $B$ , is divided between funding the cash benefit,  $b$ , and the subsidy on  $X$ ,  $\sigma$ :

$$\int_{\Theta} (b + (\sigma p_X(\sigma))x_X(\sigma; \theta)) f(\theta) d\theta = B,$$

where  $p_X(\sigma)$  is the subsidy-exclusive price of  $X$  (the sellers' price) and  $x_X(\sigma; \theta)$  is the consumption of  $X$  by type  $\theta$  as a function of the subsidy rate.

## 2.2 Analysis of a budget-neutral shift toward in-kind benefits

This section analyzes a marginal shift in benefits toward in-kind benefits. This shift involves marginally increasing the subsidy rate,  $\sigma$ , and at the same time decreasing the cash benefit in order to maintain the same program budget.

For simplicity, suppose that the supply of every good is perfectly elastic. In this case, an increase in the subsidy reduces buyers' after-subsidy price of  $X$  one-for-one (no incidence on supply),  $p_X(\sigma) = (1 - \sigma)p_X^0$ , and has no effect on the prices of goods other than  $X$ ,  $p_i(\sigma) = p_i^0$  for  $i \neq X$ , where  $p_i^0$  is the price of good  $i$  without any benefit program.

Marginally increasing the subsidy rate while at the same time decreasing the cash benefit in order to maintain the same program budget implies the following change in the cash benefit:

$$\begin{aligned} \frac{\partial b(\sigma, B)}{\partial \sigma} &= - \int_{\Theta} \left[ x_X(\sigma; \theta) p_X^0 + (\sigma p_X^0) \frac{dx_X(\sigma; \theta)}{d\sigma} \right] f(\theta) d\theta \\ &= - \left[ E_{\Theta} (x_X(\sigma; \theta) p_X^0) + E_{\Theta} \left( (\sigma p_X^0) \frac{dx_X(\sigma; \theta)}{d\sigma} \right) \right]. \end{aligned}$$

The cash benefit must fall by the increase in average per-eligible spending on the in-kind benefit (subsidy). Average spending on the subsidy is the sum of two terms: (i) the mechanical increase in spending on the subsidy due to the increase in the subsidy rate, holding fixed each type's consumption of  $X$ ,  $E_{\Theta} (x_X(\sigma; \theta) p_X^0)$  ("mechanical effect"); and (ii) the increase in spending on the subsidy due to the induced change in consumption of  $X$  in response to



the shift in program benefits,  $E_{\Theta} \left( (\sigma p_X^0) \frac{dx_X(\sigma; \theta)}{d\sigma} \right)$  (“behavioral effect”).<sup>12</sup>

### 2.2.1 The net ex-post value for each type of a shift toward in-kind provision

For each type, the net ex-post value of the change in the program is the benefit of the increase in the subsidy on  $X$  (i.e., the benefit from the reduction in the after-subsidy price of  $X$ ) less the cost of the reduction in the cash benefit. A marginal increase in the subsidy rate on  $X$  reduces the after-subsidy price of  $X$  by  $p_X^0$ . The value (in units of income) of this reduction in the price of  $X$  to an individual of type  $\theta$  is, by the envelope theorem (Roy’s identity),

$$\frac{\frac{\partial v(p(\sigma), m(\sigma, B); \theta)}{\partial p_X(\sigma)} \frac{dp_X(\sigma)}{d\sigma}}{\frac{\partial v(p(\sigma), m(\sigma, B); \theta)}{\partial m}} = x_X(\sigma; \theta) p_X^0,$$

where  $v(p(\sigma), m(\sigma, B); \theta)$  is the indirect utility function of type  $\theta$  and  $m(\sigma, B) = m^0 + b(\sigma, B)$  is benefit-inclusive income. This benefit from a lower after-subsidy price of  $X$  must be weighed against the reduction in the cash benefit required to hold fixed total spending on the program. Combining these two elements gives the net value (in units of income) of a budget-neutral marginal shift toward in-kind benefits of

$$\begin{aligned} \frac{dV(\sigma; \theta)}{d\sigma} &\equiv \frac{\frac{dv(p(\sigma), m(\sigma, B); \theta)}{d\sigma}}{\frac{\partial v(p(\sigma), m(\sigma, B); \theta)}{\partial m}} = \frac{\frac{\partial v(p(\sigma), m(\sigma, B); \theta)}{\partial p_X} \frac{dp_X(\sigma)}{d\sigma} + \frac{\partial v(p(\sigma), m(\sigma, B); \theta)}{\partial m} \frac{\partial b(\sigma, B)}{\partial \sigma}}{\frac{\partial v(p(\sigma), m(\sigma, B); \theta)}{\partial m}} \\ &= x_X(\sigma; \theta) p_X^0 - \int_{\Theta} \left[ x_X(\sigma; \theta) p_X^0 + (\sigma p_X^0) \frac{dx_X(\sigma; \theta)}{d\sigma} \right] f(\theta) d\theta \\ &= [x_X(\sigma; \theta) p_X^0 - E_{\Theta} (x_X(\sigma; \theta) p_X^0)] - (\sigma p_X^0) E_{\Theta} \left( \frac{dx_X(\sigma; \theta)}{d\sigma} \right). \quad (1) \end{aligned}$$

The marginal net value for an individual of type  $\theta$  of a budget-neutral marginal shift in benefits toward in-kind benefits is the net benefit of the resulting redistribution to his type (redistribution benefit),  $[x_X(\sigma; \theta) p_X^0 - E_{\Theta} (x_X(\sigma; \theta) p_X^0)]$ , which is greater for types with greater levels of demand for  $X$ , less the average marginal distortion cost from the induced change in consumption of  $X$  (distortion cost),  $(\sigma p_X^0) E_{\Theta} \left( \frac{dx_X(\sigma; \theta)}{d\sigma} \right)$ .

Equation 1 shows that the shift toward in-kind provision has two key effects. It redistributes toward people with above-average demand for the good, and it distorts consumption of the good. The extent to which a particular type gains from a marginal shift toward greater

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<sup>12</sup>The “behavioral effect” can be positive or negative, though in most cases it will be positive. It embeds the income effects from the reduction in cash benefits, which tend to reduce the consumption of  $X$  (provided  $X$  is normal), and substitution and income effects from the reduction in the after-subsidy price of  $X$ , which tend to increase consumption of  $X$ . A shift toward in-kind provision increases average consumption of  $X$  unless income effects of demand for  $X$  are much larger among those who lose from the shift than among those who gain.

in-kind provision is increasing in that type's level of consumption of the good and decreasing in the average sensitivity of the demand for the good in the population.

### 2.2.2 The net ex-ante value of a shift toward in-kind provision

Ex-ante expected utility is

$$\max_{\sigma} EU(\sigma) = \int_{\Theta} v(p(\sigma), m(\sigma, B); \theta) f(\theta) d\theta.$$

The total derivative of expected utility with respect to the in-kind component  $\sigma$  (adjusting the cash component  $b$  in order to hold fixed total program spending) is:

$$\begin{aligned} \frac{dEU(\sigma)}{d\sigma} &= \int_{\Theta} \frac{dv(p(\sigma), m(\sigma, B); \theta)}{d\sigma} f(\theta) d\theta = \int_{\Theta} \lambda(\sigma; \theta) \frac{dV(\sigma; \theta)}{d\sigma} f(\theta) d\theta = E_{\Theta} \left( \lambda(\sigma; \theta) \frac{dV(\sigma; \theta)}{d\sigma} \right) \\ &= Cov_{\Theta} [\lambda(\sigma; \theta), x_X(\sigma; \theta) p_X^0] - (\sigma p_X^0) E_{\Theta} (\lambda(\sigma; \theta)) E_{\Theta} \left( \frac{dx_X(\sigma; \theta)}{d\sigma} \right), \quad (2) \end{aligned}$$

where  $\lambda(\sigma; \theta)$  is the marginal utility of income.

Equation 2 shows the key roles of heterogeneity in the level of demand for  $X$  and the sensitivity of the demand for  $X$  to the composition of benefits in determining the welfare consequences of in-kind provision. The extent of heterogeneity in the demand for  $X$  and the extent to which it is correlated with marginal utility determine the targeting benefit of in-kind provision. The greater is the covariance across states in marginal utility and the demand for  $X$ , the greater is the targeting benefit of in-kind provision. The sensitivity of the demand for  $X$  to the composition of benefits determines the distortion cost of in-kind provision. The greater is the sensitivity of the demand for  $X$  to the composition of benefits, the greater is the distortion cost of in-kind provision.<sup>13</sup>

This analysis reveals three key determinants of the welfare effects of in-kind provision:

- Heterogeneity within benefit-eligible states in the demand for  $X$ . This determines the extent to which in-kind provision concentrates benefits in certain eligible states and not others.

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<sup>13</sup>Appendix A analyzes the optimal mix of in-kind and cash benefits. Absent heterogeneity in the demand for  $X$ , the optimal policy is a pure cash benefit with no subsidy on  $X$ , ( $b = B, \sigma = 0$ ). Absent any consumption distortion, the in-kind benefit simply redistributes resources across different types (as defined by their level of demand for  $X$ ), at no efficiency cost. In this case, the optimal policy eliminates the covariance between marginal utility and the demand for  $X$ . If the demand for  $X$  is at least somewhat elastic, by contrast, the optimal policy trades off the insurance benefit of increasing in-kind provision against the distortion cost. In most cases it will stop short of eliminating the covariance between marginal utility and the demand for  $X$ , since at the margin there would be only a distortion cost and no targeting benefit.

- The sensitivity of the demand for  $X$  to the composition of benefits. This determines the distortion cost of in-kind provision and the value to recipients of the in-kind benefit.
- The covariance across states in the demand for  $X$  and marginal utility. This determines the targeting benefit of in-kind provision.

In the following sections, we investigate these key determinants of the welfare effects of in-kind provision in the context of home care insurance.

### 3 Home Care Risk and Insurance

Chronic health problems are the source of one of the most important risks people face over the life cycle. Most people will at some point develop severe health problems that limit their ability to perform activities such as bathing, eating, dressing, and managing their household without significant, time-intensive assistance. These problems are referred to as activities of daily living (ADL) limitations. Roughly 15 percent of Americans over age 50 have at least one person helping them due to ADL limitations. The vast majority of those receiving help (87 percent) live in the community (the rest live in care-giving facilities, mainly nursing homes), and 74 percent of all care hours occur in private homes (Barczyk and Kredler, 2016). The costs of this care are far from trivial: spending on formal long-term care was \$310 billion in 2013 and formal home care alone cost more than \$88 billion in 2015 (Reaves and Musumeci, 2015; Centers for Medicare and Medicaid Services, 2017). The total cost of home-based care, including difficult to measure informal care from family and friends, is thought to exceed the total cost of facility-based care (Arno et al., 1999).

Spending on home-based care is large on average and highly variable. Data from the National Long Term Care Survey (NLTC), a nationally representative survey of Americans 65 and older, suggest that spending on formal home care—the best-measured component of the costs of home-based care—varies considerably.<sup>14</sup> Eighty-six percent of the 65-and-older population does not consume any formal care. Conditional on consuming any care, mean consumption is 25 hours per week (or about \$18,000 per year at an average hourly price of \$14), but the 95th percentile is 141 hours per week (\$102,000 per year at the average price).

Despite the magnitude of this risk, just 10 percent of people 65 and older in the U.S. own private long-term care insurance, and coverage rates are similarly low in other countries. There are many known barriers to private long-term care insurance (see Brown and Finkelstein,

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<sup>14</sup>Although spending on formal home care is far from the only cost of bad health, it is likely the best single indicator of the costs of and risk associated with home-based care. This is discussed further in Section 5.

2011, for a review), most notably the implicit taxation of benefits by the means-tested Medicaid program (Pauly, 1990; Brown and Finkelstein, 2008) and adverse selection (Finkelstein and McGarry, 2006; Hendren, 2013). We focus on a fundamental barrier to any long-term care insurance—private or government, voluntary or mandatory—that has received relatively little attention: costly state verification.

State verification appears to be quite costly in the context of home care. Appendix Table 6 shows that the vast majority of the variation in formal care consumption cannot be explained by even an extensive set of individual and household characteristics, including the key criterion that government programs and private long-term care insurance contracts use to determine eligibility for benefits (having at least two ADL limitations). This unexplained variation likely reflects hard-to-measure differences in health problems and—given the diversity of ways in which people cope with chronic health problems—in the costs of coping with a given set of health problems. Consider, for example, two otherwise-identical 80-year-olds, only one of whom has nearby adult children who are willing and able to provide informal care. The cost of chronic health problems are likely to be much greater for the one without good informal care options, but it may be difficult for insurers (whether private insurers or government programs) to condition benefits on such differences. Because the cost of coping with bad health varies widely within states of the world that insurers can distinguish from one another—as suggested by the substantial residual variation in formal care consumption and the difficulty of verifying differences in health and coping costs—benefit design faces a fundamental tradeoff: More restrictive in-kind formal care benefits may better target transfers to states of the world in which resources are most valuable but at the cost of being less valuable to recipients than more flexible, cash-like benefits.

Traditionally, home care benefits in both private long-term care insurance and government programs have been in-kind formal care benefits (including subsidies on formal care). But in recognition of the importance of informal care and other ways of dealing with chronic health problems, many government programs have shifted toward more flexible, cash-like benefits. These programs tend to allow people to spend their benefits on a wide range of personal care goods and services, including assistive devices, home modifications, and, most important, informal care from family or friends. Germany, France, Italy, Austria, Sweden, and the Netherlands all have long-term care programs that either pay benefits in cash or allow recipients to choose between cash and in-kind benefits (Da Roit and Le Bihan, 2010). In the U.S., Medicaid home care programs in at least 15 states provide flexible, cash-like benefits (Doty et al., 2010). Early versions of the Affordable Care Act included the CLASS Act, a voluntary, long-term care insurance program in which individuals meeting health-related eligibility criteria would have received an unrestricted, daily cash benefit.

An important milestone in the debate about more- vs. less- flexible benefits, and an important source of evidence in our paper, is the Cash and Counseling demonstrations. These were large-scale experiments run by Medicaid programs in Arkansas, Florida, and New Jersey that began in 1998. Participants were randomly assigned to either the traditional in-kind home care benefit or a near-cash benefit.<sup>15</sup> The main goal of the experiments was to test whether recipients could effectively manage their cash benefits and receive “enough” care. The results were almost uniformly positive. Members of the cash-benefit treatment group reported greater satisfaction with their care (Foster et al., 2003) and life (Brown et al., 2007) and had similar, if not better, health outcomes (Lepidus Carlson et al., 2007). In the official final report on the experiments, Brown et al. (2007) conclude that the near-cash transfer had overwhelmingly positive effects on recipients.

That recipients prefer more flexible transfers is an important cost of providing home care benefits in kind. But despite the rich evidence from the Cash and Counseling experiments and the many reforms to home care benefit programs, little is known about the potential benefits of in-kind provision, whether for Medicaid home care or for other programs more generally (Currie and Gahvari, 2008). Especially in the many contexts like home care in which costly state verification is likely important, in-kind provision can potentially improve the targeting of benefits within the eligible population. Whether any such targeting benefits of in-kind provision outweigh the cost of the reduced value of benefits to recipients depends, as discussed in Section 2, on the sensitivity of demand for the good to the composition of benefits and the distribution of consumption of the good. We now turn to estimating these objects in the context of formal home care.

## 4 Value to Recipients of In-Kind Home Care

As always, estimating the slope of demand requires an instrument that shifts supply but not demand. The key challenge in the case of formal care is that many factors that shift supply are also likely to shift demand by changing the opportunity cost of informal care. For example, consider using minimum wage laws (or their changes over time) as instruments for the price of formal care. Many formal home care workers earn roughly the minimum wage, so changes in the minimum wage are likely to shift the supply of formal care. But at the same time, changes in the minimum wage are also likely to change the opportunity cost

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<sup>15</sup>Appendix B.2 contains more information about Medicaid home care and the Cash and Counseling experiments, including summary statistics of Cash and Counseling participants and balance tests provide evidence of a valid randomization. The near-cash benefit was a cash budget that had to be spent on personal care services. The requirement that it had to be spent on personal care services was unlikely to be binding in practice since the vast majority of participants had been receiving enough informal care at baseline to more than exhaust their benefit.

of informal care-giving by changing the wage or employment prospects of some potential informal care-givers. Changes in the supply of informal care likely shift the demand for formal care since formal care and informal care are closely-related goods. The close links between formal care and informal care make it especially difficult to find valid instruments for the supply of formal care.

We circumvent this identification issue by taking advantage of the randomization in the Cash and Counseling experiments. People randomized to the near-cash benefit face the market price of formal care, whereas people randomized to the traditional Medicaid program face a price of zero.<sup>16</sup> Moreover, the price variation from the experiment is not only exogenous to the demand for formal care, it also spans the full range of prices most relevant for policy, from the market price down to zero.

A simple measure of the sensitivity of the demand for formal care to the composition of benefits is the difference in average formal care consumption by people randomized into near-cash versus in-kind benefits. Table 2 makes this comparison. On average, people randomized to in-kind benefits consumed over twice as much formal care as people randomized to near-cash benefits: 14.8 versus 7.1 hours per week. Similarly large differences occurred in each state. Figure 2 shows the empirical cumulative distribution functions of formal care consumption by the in-kind and near-cash groups. The distributions have two key features. First, formal care consumption by the in-kind group is greater throughout the distribution. Second, many people consume no formal care, especially in the near-cash group. Whereas about one-fifth of the in-kind group consumes no formal care, over half of the near-cash group consumes no formal care. The prevalence of people consuming no care means that the observed mean differences between the two groups tend to understate the price sensitivity of demand. Overall, these simple comparisons suggest that the demand for formal care is quite sensitive to the composition of benefits.

The slope of the demand curve is not simply the ratio of the observed difference in average quantities to the difference in prices for two reasons. First, many individuals are at a corner and consume zero hours of care. We account for this by treating an individual's observed hours of care,  $q_i$ , as the outcome of a censored, latent demand for care,  $q_i = \max\{0, q_i^*\}$ . Second, some of the participants in the near-cash group reverted to traditional Medicaid home care, and some of the participants in both groups left Medicaid home care altogether. The differences in Table 2 therefore correspond to intent-to-treat parameters rather than direct measures of price sensitivity. We handle this issue by instrumenting for the price each

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<sup>16</sup>Appendix C.2 presents evidence that the marginal value of Medicaid formal care is zero for most recipients of the traditional in-kind benefit. It also tests the robustness of the estimated price sensitivity to alternative assumptions about the marginal value of Medicaid formal care.

participant faces with her randomized assignment.<sup>17</sup> We estimate the system

$$q_i^* = \alpha + \beta p_i + X_i \gamma + \varepsilon_i$$

$$q_i = \max\{0, q_i^*\}$$

$$p_i = \mu_0 + \mu_1 Cash_i + X_i \mu_2 + \nu_i,$$

where  $p_i$  is the price of formal care,  $Cash_i$  is an indicator of whether the participant was randomized to the near-cash treatment, and  $X_i$  includes indicators for gender, education level, race, self-rated health, five-year age bins, and state. We begin by assuming  $(\varepsilon_i, \nu_i)$  are jointly normal and estimate this system using an instrumental variables Tobit specification.

Previous work on the Cash and Counseling demonstrations has focused on evaluating the differences in *paid* hours of home care, provided by formal or informal caregivers, rather than impacts on formal care. For example, Carlson et al. (2007) and Brown et al. (2007) compare hours of paid care, unpaid care, and total hours of care across the in-kind and near-cash groups.<sup>18</sup> To our knowledge, ours is the first examination of the Cash and Counseling experiments that studies formal care use and accounts for non-compliance with randomized treatment.

The first-stage results are presented in Table 3. On average, being assigned to the near-cash group increases the price of formal care by \$8.84, 64 percent of the average market price of \$13.73. The point estimate is fairly precise and the first-stage relationship is strong; the F-statistic exceeds 1,000, well above the levels at which weak instruments become a concern (Stock and Yogo, 2002). As one would expect given the random assignment, adding control variables has little effect on the estimated relationship between treatment assignment and the price of care (column (2)).

The instrumental variables estimate of  $\beta$  is presented in Table 4. The estimate implies that a one dollar increase in the hourly price of formal care reduces consumption by 1.8 hours per week. Evaluated at the sample means, this implies an elasticity near -1.2. When the demographic controls are added to the specification (column (2)), the estimate is virtually unchanged.

This price sensitivity suggests that formal care subsidies might significantly increase con-

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<sup>17</sup>For individuals who leave Medicaid home care or are in the near-cash group, the price they face is the market price in their state. For individuals who are in the traditional Medicaid home care program, the price they face is zero.

<sup>18</sup>Using individuals randomized to the near-cash treatment in Arkansas, Simon-Rusinowitz et al. (2005) study whether those who hired a family member as a caregiver fared better than those who hired a non-family member. Those who chose a family member as a caregiver tended to receive more care, were more satisfied with their care, and did not suffer worse health.

sumption of formal care and thus that subsidizing formal care may have large moral hazard costs. For someone consuming the average amount of formal care among people randomized to traditional in-kind benefits (14 hours per week), our estimates suggest that the individual values that care at only 28 percent of Medicaid’s cost to provide it.<sup>19</sup> For someone consuming 25 hours of formal care per week, the value the individual receives is approximately 51 percent of Medicaid’s cost. More generally, and as discussed in Section 2, the ex-post value as a fraction of Medicaid spending is increasing in the level of demand for care.

In Appendix C.2, we analyze the sensitivity of our estimates to potential quantity limits the participants could have faced and the functional form assumption used in our IV strategy as well as address the external validity of our estimates. Our primary finding from this section, that the demand for formal care is quite sensitive to its price, is robust to a wide range of functional form assumptions and does not appear to be strongly influenced by potential quantity limits. There are two key issues related to external validity. First, selection into the experiment likely means that the average participant in Cash and Counseling was more price sensitive than the average recipient of Medicaid home care and potentially more or less price sensitive than the average person eligible for Medicaid home care in the broader population. Second, the nature of the experiment—especially its unexpected occurrence and uncertain duration—seems likely to lead to smaller quantity responses than one would expect from permanent changes in policies. Although these are important issues for external validity, the benefits of the large, exogenous variation in the price of formal care make the Cash and Counseling experiments an important source of evidence on the demand for formal care. In light of the possible issues with generalizability, in our welfare analysis (Section 5), we test the robustness of our results to a wide range of values of the price sensitivity.

## 5 Targeting Effects of In-Kind Provision of Home Care

In this section, we investigate the targeting effects of in-kind provision of home care using both nationally representative data from the NLTCs and the experimental variation in the Cash and Counseling experiments. In insurance contexts like this one, the goal is to target benefits to states of the world with higher marginal utility. Since marginal utility is not observable, we summarize the relationship between benefits received and various observable characteristics likely to be associated with marginal utility. We focus on three sets of characteristics that both empirical evidence and theoretical reasoning suggest are closely linked to marginal utility in our context: formal care consumption (best), proxies for informal care

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<sup>19</sup>With a price sensitivity of -1.8, someone consuming 14 hours of care per week has an equivalent variation of formal care benefits (assuming no income effects) of \$54 per week. This is 28 percent of Medicaid’s \$192 of spending on that care (14 hours per week at an average price of \$13.73 per hour).



costs, and health. The greater is someone’s formal care consumption and the worse are someone’s informal care options and health, the greater are the costs of coping with bad health. Greater costs of coping with bad health leave less resources for non-care consumption. In many models, this means greater marginal utility.<sup>20</sup>

In-kind transfers can have targeting effects on both the extensive and intensive margins. On the extensive margin, if taking up benefits is costly, people with relatively low demand might not join the program. This concentrates benefits on those who do join. The first three rows of Table 5 show estimates of the fraction of people eligible for Medicaid home care that take up benefits. We find that between 4 and 16 percent of the eligible population take up benefits. (See Appendix B.2 for details of these calculations.) The low take-up rate means that, holding fixed total spending on the program, benefits per recipient are between 6 and 24 times greater than they would be under a hypothetical pure cash program with 100 percent take up.

Whether the targeting induced by extensive-margin take-up decisions provides insurance depends on whether take up is greater in higher-marginal utility states. The next several rows of Table 5 compare the characteristics of those who do versus do not take up benefits. People who take up benefits are sicker: They are 15 percentage points more likely to have at least 4 ADL limitations and 15 percentage points more likely to say their health is fair or poor (instead of good or excellent). People who take up benefits appear to have worse informal care options: They are 15 percentage points more likely to be unmarried. People who take up benefits have a greater demand for formal care: They consume on average 14 more hours of formal care per week even after adjusting for the fact that they face a lower (zero) marginal price of care. The greater consumption of formal care among those who take up benefits holds even conditional on an extensive set of personal and household characteristics, including health and proxies for informal care costs (see Appendix Table F.1). Although people in worse health, with worse informal care options, and with a greater demand for formal care have the most to gain from in-kind home care benefits, differences in awareness, stigma, or other factors could in principle weaken or even reverse the link between the demand for formal care and take up; those “most desperate” for help might be least able to take advantage of the program. Our results indicate, however, that take up is

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<sup>20</sup>Although spending on formal care is far from the only cost of bad health, high formal care consumption is likely to be the best indicator of high marginal utility in this context. That many private long-term care insurance contracts subsidize the consumption of formal care is suggestive revealed-preference evidence that formal care consumption is positively related to marginal utility. Moreover, many models of formal care consumption, including the standard model of health risks in which health spending is equivalent to a wealth shock, predict a (usually strong) positive link between formal care consumption and marginal utility. Formal care consumption likely reflects the combined influence of health, informal care options, and other determinants of coping costs. Differences in formal care consumption are not offset by differences in informal care. In the Cash and Counseling experiments, the correlation between formal and informal care hours is roughly zero.

far greater among people with greater demand for care. These results are consistent with in-kind provision affecting extensive-margin take-up decisions in a way that targets relatively high-marginal utility states.

To investigate the targeting effects of in-kind provision on the intensive margin (among those who participate), we analyze the Cash and Counseling experiment in Arkansas.<sup>21</sup> Figure 4a shows kernel density plots of benefits received by members of the in-kind and near-cash groups.<sup>22</sup> In-kind provision significantly concentrates benefits, even relative to the Cash and Counseling tagged near-cash benefit (tagged in that its size is determined by medical review). The variance in benefits received is 7 times greater in the in-kind group, with much larger fractions of very low and very high benefits. The fraction of people who received no benefit is over three times larger in the in-kind group (31 percent vs. 10 percent), and 17 percent of the in-kind group received benefits whose cost is at least as great as the 99th percentile benefit of the near-cash group. Figure 4b plots differences in benefits between the in-kind group and either the near-cash group or a hypothetical pure-cash benefit group (each of whom receives an identical, untagged cash transfer equal to the per-participant average benefit in the in-kind group) at different quantiles of the benefit distribution. Even compared to Cash and Counseling’s tagged near-cash transfer, in-kind provision significantly concentrates benefits on the intensive margin.

Compared to the extensive margin, there is an even stronger reason to expect that in-kind provision targets high-demand states on the intensive margin, since factors such as take-up costs and awareness are less important. Figure 5 shows average benefits among those randomized to the in-kind and near-cash groups by percentile of the distribution of formal care consumption. Because formal care consumption is highly concentrated even among participants of the Cash and Counseling experiment, in-kind benefits are highly concentrated as well. Those between the 91st and 95th percentiles of the formal care distribution receive an average of \$350 in benefits per week, and those above the 95th percentile receive an average of \$843 in benefits per week—almost 7 times the average in-kind benefit. Average near-cash benefits, by contrast and despite being tagged based on individual medical reviews, are roughly constant throughout the formal care distribution; people who consume a lot of formal receive roughly the same near-cash benefit as those who consume little or no formal care. Appendix D provides suggestive evidence that in-kind provision targets on the intensive

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<sup>21</sup>Arkansas is the only state in which we can estimate the size of the near-cash benefits, since it is the only state in which we observe care plan hours. The near-cash benefit is the product of care plan hours and the hourly price of care. The in-kind benefit amount is the product of hours of care received and the hourly price of care.

<sup>22</sup>Average weekly benefits in the near-cash group were slightly smaller than those in the in-kind group. Because our interest is in the concentration of benefits, we scale up the near-cash group’s benefit to have the same mean as the in-kind group. In practice, this leads our reported measures of differences in concentration to be smaller than those calculated with the near-cash group’s unscaled cost data.

margin states in which people are sicker and have worse informal care options as well. In-kind provision strongly targets on the intensive margin states with high demand for formal care.

Taken as a whole, these results show that in-kind provision sharply concentrates benefits on a small subset of benefit-eligible states in which people are sicker, have worse informal care options, and have a greater demand for formal care than benefit-eligible states as a whole. These results are consistent with in-kind provision having a large insurance benefit. But given the large moral hazard cost associated with in-kind provision suggested by the results in Section 4, it is important to determine whether any less costly ways to target transfers might be possible. A natural candidate is a tagged cash transfer. The targeting benefit of tags depends on the degree to which observable characteristics explain the variation in the risk. As shown in Appendix Table F.1, the vast majority of the variation in formal care consumption cannot be explained by even the extensive set of observable characteristics in the NLTCs. Even ignoring the verification and moral hazard costs of using certain tags, tagged cash benefits would leave much of the risk uninsured. We also find that the individual-specific care plans produced by Medicaid’s medical review process, which in principle could be as close to a summary measure of demand upon which an insurer could potentially contract, explain less than seven percent of the variation in formal care consumption. These results suggest that the targeting effects of in-kind provision are unlikely to be achievable with alternative, less costly means of targeting. This raises the question of whether the targeting benefit of in-kind provision outweighs the distortion cost, the question to which we now turn.

## 6 Welfare Effects of In-Kind Provision of Home Care

### 6.1 Model

Individuals draw their type from a distribution of types,  $\theta \sim F(\theta)$ . Then they choose their formal care consumption and non-care consumption to maximize utility subject to a budget constraint that depends on the policy in operation. The budget constraint is

$$A + pF = m,$$

where  $F$  is formal care consumption,  $A$  is non-care consumption (i.e., “all other goods,” the numeraire),  $p$  is the after-subsidy price of formal care, and  $m$  is benefit-inclusive nominal

income. The utility function and the corresponding demand for care are

$$U(A, F; \theta) = u \left( A - \frac{(\max\{\alpha, 0\} - F)^2}{2\beta} \right),$$

$$F(p, m; \theta) = \max \{0, \min \{m/p, \alpha - \beta p\}\}.$$

$\alpha$  is the quantity of care at which the individual is satiated, i.e., the amount of care the individual would consume when facing a price of zero.  $\beta$  determines the utility cost of consuming levels of care other than the satiation level and thereby determines the sensitivity of the demand for formal care to the composition of benefits.  $F(p, m; \theta)$  is the Marshallian demand function for formal care.

This utility function is motivated by key evidence from our setting. It produces a simple function for the demand for formal care that is consistent with the sensitivity of formal care consumption to its price and that people become satiated at finite levels of formal care consumption.<sup>23</sup> This utility function also has several appealing features. It nests as a special case the widely-used model in which health spending is equivalent to a wealth shock.<sup>24</sup> It implies that the demand for formal care is linear in its price within the range of prices in which the individual is not at a corner. It has an intuitive interpretation: Utility is decreasing in any unmet, residual health needs,  $(\alpha - F)$ , the size of which is decreasing in formal care consumption,  $F$ , and increasing in the level of demand for formal care,  $\alpha$ . This captures the idea that certain health problems are costly for people to cope with on their own. Marginal utility of income depends on the demand for formal care mainly through the budget constraint: Greater spending on formal care means lower non-care consumption.

## 6.2 Baseline parameter values

The key parameters of the model are the sensitivity of formal care demand to its price,  $\beta$ , and the distribution of the level of demand for formal care in the population of people eligible

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<sup>23</sup>The most direct evidence of satiation is that among Cash and Counseling participants with information on their care plan hours, 43 percent consumed less care than they were entitled to based on their care plan. Intuitively, satiation might arise from a demand for privacy or space, since home care involves close contact with caregivers in one's home. This utility function is also consistent with the fact that most people who need assistance do not consume any formal care. This implies that there is no Inada condition on formal care consumption and that formal care is not too complementary with other goods that people consume.

<sup>24</sup>As  $\beta$  approaches 0, formal care consumption approaches  $\alpha$  ( $F(p, m; \theta) \rightarrow \alpha$ , ignoring corner solutions), and the indirect utility function approaches  $v(p, m; \theta) = u(m - p\alpha)$ . For  $\beta > 0$ , demand for formal care is sensitive to its price and the indirect utility function is  $v(p, m; \theta) = \begin{cases} u \left( m - \frac{\max\{\alpha, 0\}^2}{2\beta} \right), & \text{if } \alpha < \beta p; \\ u \left( m - p(\alpha - \beta p) - \frac{\beta p^2}{2} \right), & \text{if } \alpha \geq \beta p. \end{cases}$

This differs from the benchmark case in which health spending is a wealth shock by just a slight adjustment, which is necessary to accommodate the observed price sensitivity of demand for formal care.

for home care benefits,  $F(\alpha)$ . Everyone has the same price sensitivity of demand for care,  $\beta$ , equal to our main estimate from the Cash and Counseling experiment. We use this  $\beta$  to convert the joint distribution of formal care consumption and formal care prices observed in the NLTCs into a distribution of the level of demand for formal care,  $F(\alpha)$ . For the main analysis, which takes as given standard eligibility criteria for home care benefits, our sample is everyone aged 65 and older with at least two activities of daily living limitations. For the tags analysis, we estimate separate  $F(\alpha)$  distributions for each sub-group of this population as defined by their tagged characteristics (e.g., for people with different numbers of activities of daily living limitations). Estimating  $F(\alpha)$  would be entirely straightforward were it not for people who consume no care when facing a positive price. For the 62 percent of the population of interest who consume no formal care, however, revealed-preference analysis only bounds the level of their demand: their marginal value at zero hours of care is no greater than the price. But because we will be analyzing policies that reduce the prices people face, it is important to know at which price each individual would begin purchasing care. We handle this fundamental unobservability issue by extrapolating the observed distribution among people who consume a strictly positive amount of care backward to “fill in” the unobservable  $\alpha$  values of people who consume no formal care when facing a positive price. Details of this calculation are reported in Appendix E.

Figure 6 presents our main estimate of the distribution of the level of demand for formal care,  $F(\alpha)$ . The key features of this distribution, inherited from the observed distribution of formal care consumption, are that it exhibits a long right tail (the mean far exceeds the median) and that most of the mass is at low values.

The remaining parameters take standard values. We follow most of the literature on health spending risks and use a constant relative risk aversion utility function,  $u(c) = \frac{c^{1-\gamma}}{1-\gamma}$  (e.g., Brown and Finkelstein, 2008; De Nardi et al., 2010; Ameriks et al., 2011). In our model, the argument  $c$  is “net consumption,” non-care consumption net of any residual coping costs,  $c = A - \frac{(\alpha-F)^2}{2\beta}$ . We follow Brown and Finkelstein (2008) and many others in taking as a baseline value a coefficient of relative risk aversion,  $\gamma$ , of three. Income before transfers,  $m$ , is \$15,000 per year. The distribution of before-subsidy prices of formal care is the empirical distribution observed in the NLTCs. People who cannot achieve net consumption of at least  $\bar{c} = \$5,000$  per year receive transfers that enable them to enjoy net consumption of \$5,000 per year (a consumption floor). This is meant to approximate the important means-tested programs, Medicaid and Supplemental Security Income.

With these parameters, the risk within the set of people traditionally eligible for home care benefits (with two or more ADL limitations) is substantial. In order to make the individual as well off as she is with the first-best policy under an alternative pure-cash benefit program,

the cash benefit would have to be about \$9,377—137 percent—greater than the average cost of the first-best program.

### 6.3 Welfare effects of in-kind provision

In this section we calculate the welfare effects of varying degrees of in-kind provision, taking as given total spending on program benefits and standard eligibility criteria for home care benefits. Following standard practice for Medicaid home care and private long-term care insurance, we focus on programs that limit eligibility to people with two or more activities of daily living limitations. We consider policies under which total program spending equals the spending on a pure in-kind benefit program, a 100 percent subsidy with no cash benefit. Policies with smaller subsidy rates have larger cash benefits.

Figure 7 summarizes the key results. It shows the equivalent variation of the mixed in-kind and cash benefit policy as a function of the in-kind component, the subsidy rate  $\sigma$ . The optimal subsidy rate is 88 percent, close to a pure in-kind program (under which the after-subsidy price is zero). The optimal subsidy increases welfare substantially relative to a pure-cash benefit program. In order to make the individual as well off as she is with the optimal policy under an alternative pure-cash benefit program, the cash benefit would have to be about 80 percent greater than the average cost of the in-kind program. Figure 7 also shows, however, that the optimal subsidy is significantly less valuable than the hypothetical first-best policy. The optimal in-kind subsidy achieves 59 percent of the incremental value over a pure-cash benefit that the first-best policy does.

Table 8 shows a variety of outcomes in several versions of the model. The purpose of this table is to provide intuition for and assess the robustness of the key results. The first column of the table shows results for the baseline specification just discussed. The key tradeoff involved in increasing the in-kind component of the benefit can be seen clearly by comparing the average level of and dispersion in non-care consumption under the optimal subsidy program and under the cost-equivalent pure-cash benefit program. The optimal subsidy reduces average non-care consumption due to the consumption distortion (and to a lesser extent due to foregone transfers from the consumption floor), but it also greatly reduces the dispersion of non-care consumption, as measured by the standard deviation. Under the pure-cash program the standard deviation of annual non-care consumption is 4.5 times greater than under the optimal program, \$5,610 vs. \$1,237.

Additional rows of the table unpack these results further. They show that formal care consumption is significantly greater under the optimal subsidy than in the absence of any program, by a factor of 2.4. This translates into a large distortion cost; the total ex-post

equivalent variation of the optimal program summed over all states is only 48 percent of the total cost of the program. Part of this is due to the optimal program displacing transfers from the consumption floor, but much of it is due to the consumption distortion from the formal care subsidy. This amounts to a significant implicit tax on insurance, equivalent to a tax of almost 100 percent of benefits. The reason that subsidizing formal care is optimal despite the large distortion is that the in-kind subsidy redistributes toward states with greater marginal utility. The correlation between an individual’s marginal utility in the absence of any program and his ex-post equivalent variation of benefits under the optimal program is 0.84. The net benefit from in-kind provision comes from making large transfers to the relatively few states with high demand for care (and so low non-care consumption). This can be seen in the bottom row of the table, which shows that ex post the individual values the subsidy program as much as the cost-equivalent pure-cash program in only 16 percent of the states. This may help explain why many countries and U.S. states have made home care benefits more cash-like. Making benefits more cash-like helps the individual in most states ex post, often significantly. A key finding of this paper, however, is that the greater ex-post value of more cash-like benefits comes at the expense of much less redistribution toward states with high demand for formal care, which may worsen insurance.

The other columns of the table test the robustness of the results to making different assumptions about the key ingredients of the model. The price sensitivity of demand for formal care must be quite large—over 10 times larger than we estimate based on evidence from the Cash and Counseling experiment—in order to overturn the conclusion that the optimal subsidy is large. Even if the distribution of partially-identified  $\alpha$  values is in the “worst-case” configuration (i.e., each  $\alpha_i$  equal to the maximum value consistent with observed behavior), the optimal subsidy rate is still 86 percent. The utility function must exhibit strong state dependence of just the right kind—greatly decreasing the marginal utility in states with high demand for formal care in just the right way—in order to overcome the fact that, holding other resources constant, greater formal care consumption leads to lower non-care consumption. Although the right tail of the distribution of demand for formal care is an important determinant of the targeting benefit and so the optimal subsidy, the optimal subsidy remains large even when the right tail of the distribution is chopped off or when all of the  $\alpha$  values are scaled down. If states in which a person consumes more than 50 hours per week of care are dropped, the optimal subsidy is 59 percent. If all of the  $\alpha$  values are cut in half, the optimal subsidy is 75 percent. Finally, a combination of relatively low risk aversion together with a relatively generous consumption floor can overturn the optimality of a large subsidy on formal care, although this reflects the undesirability of *any* insurance—including a first-best contract—in situations in which means-tested programs are sufficiently attractive rather than any undesirability of in-kind benefits per se. Appendix E discusses these robustness

tests in more detail.

The alternative specifications also provide information about the key factors driving the results. As expected, the net benefit of subsidizing formal care is decreasing in the price sensitivity of demand for formal care. When demand for formal care is completely inelastic ( $\beta = 0$ ), a 100 percent subsidy achieves the first best.<sup>25</sup> The targeting benefit of in-kind provision is increasing in risk aversion and decreasing in the generosity of alternative insurance arrangements, such as any consumption floor or means-tested programs. The targeting benefit of subsidizing formal care is increasing in the extent to which there is state-dependent utility in which marginal utility is greater in states with greater demand for formal care (above and beyond the effects operating through the budget constraint or residual coping costs). If such state-dependence is strong enough, it is optimal to more than fully subsidize formal care (columns 8 and 11).

Although formal care subsidies significantly increase risk sharing, they (optimally) leave some risk uninsured due to the distortion they cause. Both the incompleteness of the insurance and the distortion from the subsidy mean that formal care subsidies fall short of achieving the first best. In the baseline specification, the optimal subsidy achieves about 59 percent of the incremental value over pure-cash benefits of the first-best policy. The shortfall is a measure of the potential gain from using a richer set of policies. A natural enrichment is to condition benefits on verifiable characteristics—i.e., to use tags,—a possibility to which we now turn.

## 6.4 Welfare effects of tags

This section extends the analysis to the case in which different groups of people, defined by their verifiable characteristics, can be offered different benefits. We estimate the gains from catering benefits to different groups of people defined by whether they live alone and the number of activities of daily living limitations they have (2–4, 5, and 6), the two strongest predictors of formal care consumption uncovered in Section 5.<sup>26</sup> The procedure is the same as that in the last section, except that we estimate different  $\alpha$  distributions for different groups of people and allow the program to offer different benefits to people in different groups.

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<sup>25</sup>One caveat about this result is that it is based on a model in which formal care is borderline inferior (no income effects). This result need not hold in a more general model with income effects of demand for formal care. It is also important to note that the assumption that formal care is borderline inferior tends to work against the value of in-kind provision by increasing the consumption distortion. The greater are income effects of demand for formal care, the more that the (negative) income effects from subsidizing formal care (due to the consumption distortion) offset the inefficient over-consumption of formal care due to the substitution effect.

<sup>26</sup>We are limited in the number of groups into which we can split the population by the size of the NLTCs sample. We chose the groups to maximize the across-group heterogeneity in the demand for formal care.



Figures of the  $\alpha$  distributions of each group are reported in Appendix E.

Table 9 shows that the ex-ante welfare gain from using tags to target high-marginal utility states is quite small. The incremental welfare gain from optimally tagging a pure-cash benefit based on whether someone lives alone is \$227, just 4 percent of the gain from an optimal un-tagged mixed benefit. The incremental welfare gain from optimally tagging benefits based on the number of activities of daily living limitations someone has is even smaller. The fundamental reason for tags' ineffectiveness in insuring this risk is that much of the heterogeneity in demand for formal care occurs within rather than across states that can be distinguished on the basis of their verifiable characteristics; the correlation between marginal utility in the absence of any program and the optimal tagged cash benefit is just 0.20 with the "lives alone" tag and 0.05 with the "number of activities of daily living limitations" tag. These results are consistent with those of Mankiw and Weinzierl (2010) on the effects of using height as a tag for optimal income taxation.<sup>27</sup> Although different combinations of observable characteristics could potentially improve on those we have analyzed here, both the small gains from tags based on two of the strongest predictors of formal care consumption and the limited extent to which observable characteristics predict formal care consumption (as discussed in Section 5) suggest that the scope for tags is limited and reinforce the conclusion that in-kind benefits have an important role to play in terms of targeting benefits to high-marginal utility types.

## 6.5 Discussion of results

This analysis is subject to several caveats. It assumes that people's decisions about consumption are rational. This ignores possible paternalistic rationales for in-kind transfers, which could be important in the case of home care given the cognitive health problems from which some recipients suffer. Such considerations, which were one of the main motivations for the Cash and Counseling experiments, seem likely to increase the value of in-kind as opposed to cash transfers in this context. The analysis also abstracts from any costs of taking up. This is done to focus on the core tradeoff at the heart of in-kind provision, but it is important to note that many in-kind programs have low take-up rates, whether from low knowledge about or high costs of taking up the programs. It assumes that all ex-post heterogeneity is the outcome of an exogenous process. This feature, which is shared by the vast majority of the large literature on optimal taxation, rules out ex-ante moral hazard (effects of policies on the distribution of ex-post types), which tends to increase the net value of insurance

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<sup>27</sup>In both cases, the optimal tagged transfers are large; the optimal "lives-alone subsidy" is \$4,790 and the optimal "height tax" on someone earning \$50,000 is \$4,500. But the welfare gains from tagging are a small fraction of aggregate income—about 1.5 percent for a "lives-alone subsidy" and about 0.2 percent for a "height tax."

or redistribution. It focuses only on home care and does not explicitly model substitution across other types of care. This was done for simplicity given that there appears to be little substitution across different types of long-term care (Grabowski and Gruber, 2007; Kemper, 1988). Finally, it focuses on singles in order to avoid the many complexities involved in modeling couples, including any financial risk sharing and utility consequences of different caregiving arrangements. An analysis of couples and extended families is an interesting topic for future work.

Acknowledging these caveats, taken as a whole the results suggest that in-kind provision of formal care benefits likely increases welfare despite the large distortion it causes. Although the distortion cost of this particular means of targeting is large, our results suggest that the main alternative means of targeting (using tags) is unlikely to be very effective in this context. These conclusions are robust to a wide range of assumptions. The fundamental reasons for this robustness are the large extent of hard-to-verify heterogeneity in the demand for formal care and the rapid rate at which marginal utility diminishes in the level of consumption under standard utility functions (Kaplow, 2011).

## 7 Conclusion

We analyze a central tradeoff inherent to in-kind provision—in-kind provision can improve the targeting of benefits at the cost of being less valuable to recipients—in the context of home care. Despite the ubiquity of in-kind transfers, little is known about the magnitude of these key costs and benefits of in-kind provision. We find that in the context of home care, in-kind provision appears to increase welfare despite imposing large distortion costs, since the targeting benefits are even larger. The key factor driving this result is the significant, hard-to-verify heterogeneity in the demand for formal care—whether from hard-to-verify differences in underlying health or in the costs of coping with a given set of health problems—which implies significant heterogeneity in non-care consumption and so, in many models, in marginal utility.

Two main caveats are important to keep in mind in interpreting our results. First, the magnitude of the targeting benefit depends crucially on the utility function, particularly any (state-)dependence of utility on the unverifiable heterogeneity that motivates in-kind provision in the first place. This caveat, common to all questions about the optimal design of insurance programs and other policies that redistribute across people, is extremely important: Improving our understanding of the mapping between spending on market goods and utility is a high priority for future work. Second, we focus only on the potential targeting benefit of providing formal care in kind. We do not consider other potential benefits, includ-

ing improving tax system efficiency, alleviating the Samaritan’s dilemma, and paternalistic benefits, all of which might be important in this context. These other potential benefits seem likely to increase the net value of in-kind provision of formal care, which would reinforce our conclusion about the desirability of in-kind provision of formal care.

Our results have important policy implications. Several recent policy reforms and proposals have made or propose to make benefits that have traditionally been restrictive in-kind benefits more flexible and cash-like. This is true not only in the case of home care but in many other areas as well. The European Commission, for example, recently suggested that policymakers “always ask the question, ‘Why not cash?’”, U.N. Secretary-General Ban Ki-moon has argued that “cash-based programming should be the preferred and default method of support”, and the desirability of a universal basic income is the subject of an active debate in many countries.<sup>28</sup> A major impetus for these proposals is the view that recipients would much prefer cost-equivalent cash transfers, a view that is consistent with our analysis of the particular case of Medicaid home care benefits. Yet a frequently-overlooked consequence of such reform proposals is that, in addition to reducing consumption distortions, such proposals would also tend to systematically change the distribution of benefits received by different people. To the extent that achieving a good targeting of benefits in any particular context is difficult or infeasible without in-kind provision, as our analysis suggests is the case in the context of home care, any gain from reducing distortions must be weighed against any reduction in targeting efficiency that would result.

The issue of optimal benefit design in government programs is a central one, as many of the most important government programs involve in-kind benefits, including public schooling, food stamps, public housing, and Medicare and Medicaid medical benefits. Although home care shares much in common with other types of health care, the desirability of in-kind provision is necessarily context-specific. It is therefore important to evaluate the costs and benefits of alternative benefit designs on a case-by-case basis, and our hope is that the approach we have developed in this paper will prove fruitful in the analysis of other policies as well.

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<sup>28</sup>Switzerland held a referendum on whether to have a universal basic income on June 5, 2016. (It was rejected with a 77 percent majority.) Pilot programs are planned in Finland and Canada. GiveDirectly is providing a universal basic income to dozens of villages and thousands of people in Kenya.

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# Tables and Figures

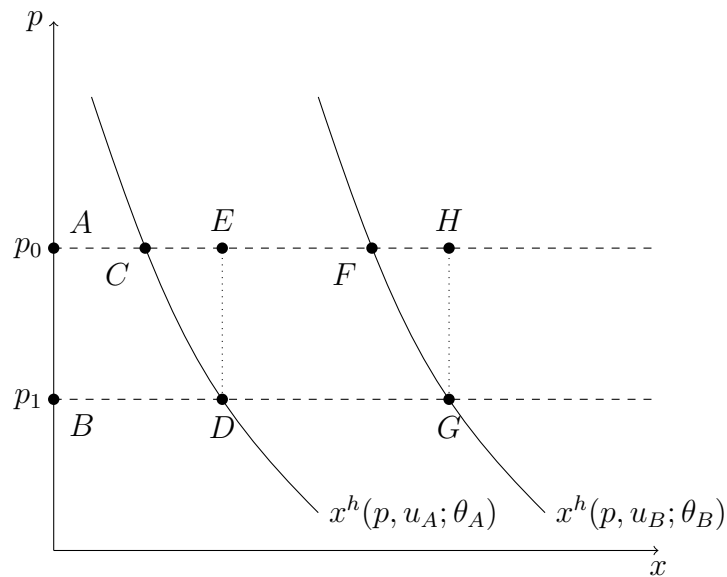


Figure 1: Equivalent variations and excess burdens of a subsidy

[Equivalent variations and excess burdens of a price subsidy that reduces the after-subsidy price from  $p_0$  to  $p_1$  for individuals with different levels of demand for the subsidized good. The equivalent variation of the subsidy is increasing in the level of demand for the good (individual  $B$ 's equivalent variation, the area bounded by the vertices  $ABGF$ , exceeds individual  $A$ 's equivalent variation, the area bounded by the vertices  $ABDC$ ). The excess burdens of the subsidy are independent of the level of demand and instead depend only on the slope. The excess burden of subsidizing individual  $A$ 's purchases of the good is the area bounded by the vertices  $CDE$ , and the excess burden of subsidizing individual  $B$ 's purchases of the good is the area bounded by the vertices  $FGH$ .]



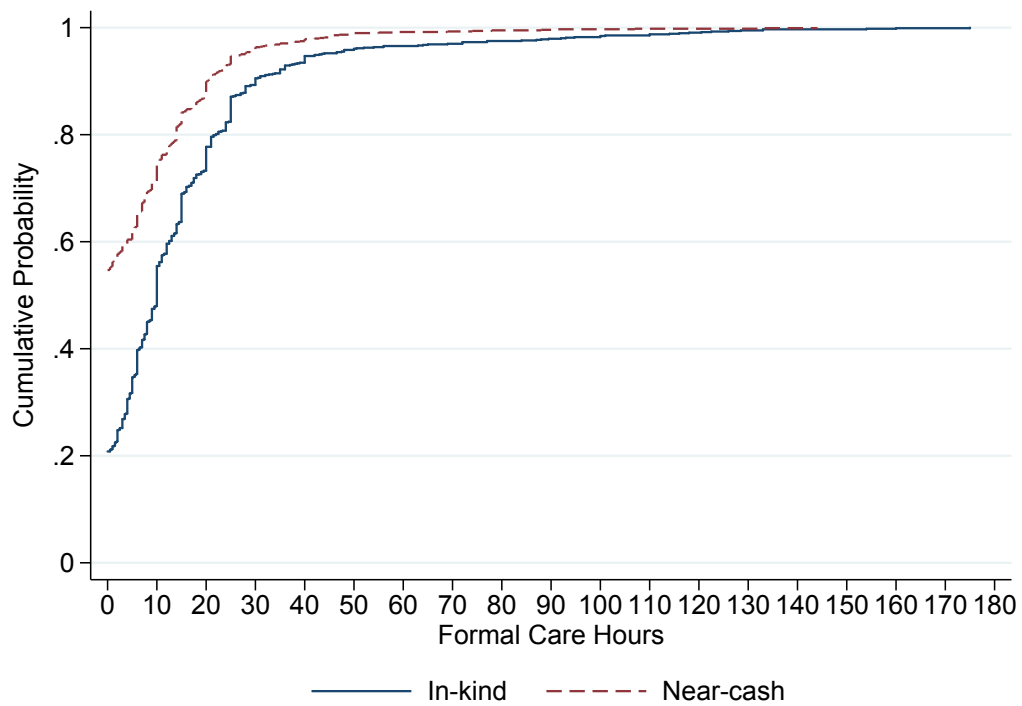
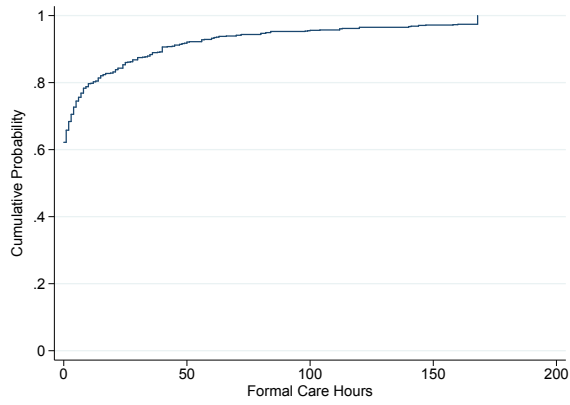
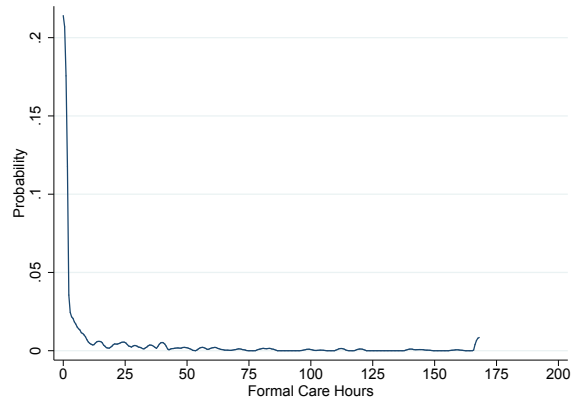


Figure 2: CDFs of Formal Care by Randomized Assignment  
 [Data from the Cash and Counseling follow-up survey. Hours of formal home care per week.]



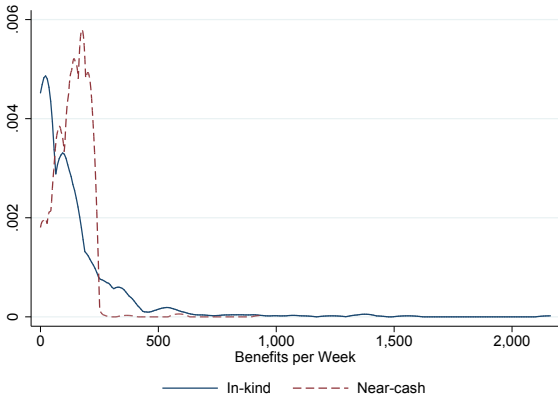
(a) CDF



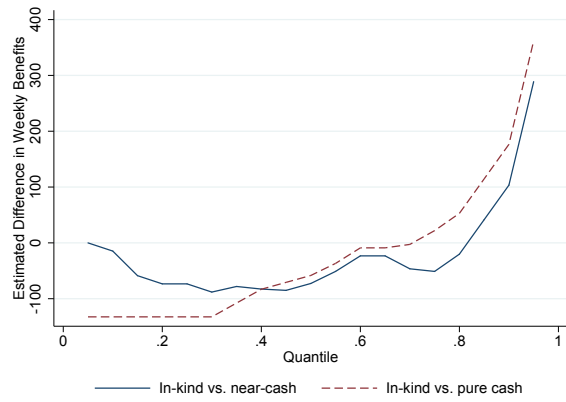
(b) PDF

Figure 3: Distribution of Formal Care, NLTCS

[Data from the 1999 National Long-Term Care Survey. Hours of formal home care per week. One individual consumed more than 168 hours of care per week and has been omitted from the figures. Conditional on positive hours of formal care, median consumption is 14 hours per week, the 75th percentile is 40 hours per week, the 90th percentile is 120 hours per week, the 95th percentile is 168 hours per week, and the 99th percentile is 168 hours per week.]



(a) Distributions of Benefits



(b) Differences of Benefits

Figure 4: Distributions and Differences of Benefits in the Arkansas Cash and Counseling Experiment

[Data from the Arkansas Cash and Counseling experiment. Benefits are the dollar value of benefits transferred to the recipient per week. Kernel density estimates shown for each group on the left. A pure cash program is a hypothetical transfer that provides everyone in the Arkansas Cash and Counseling experiment the average expenditure, approximately \$133 per week. The figure to the right shows benefits for the near-cash or pure cash transfer subtracted from the in-kind transfer.]

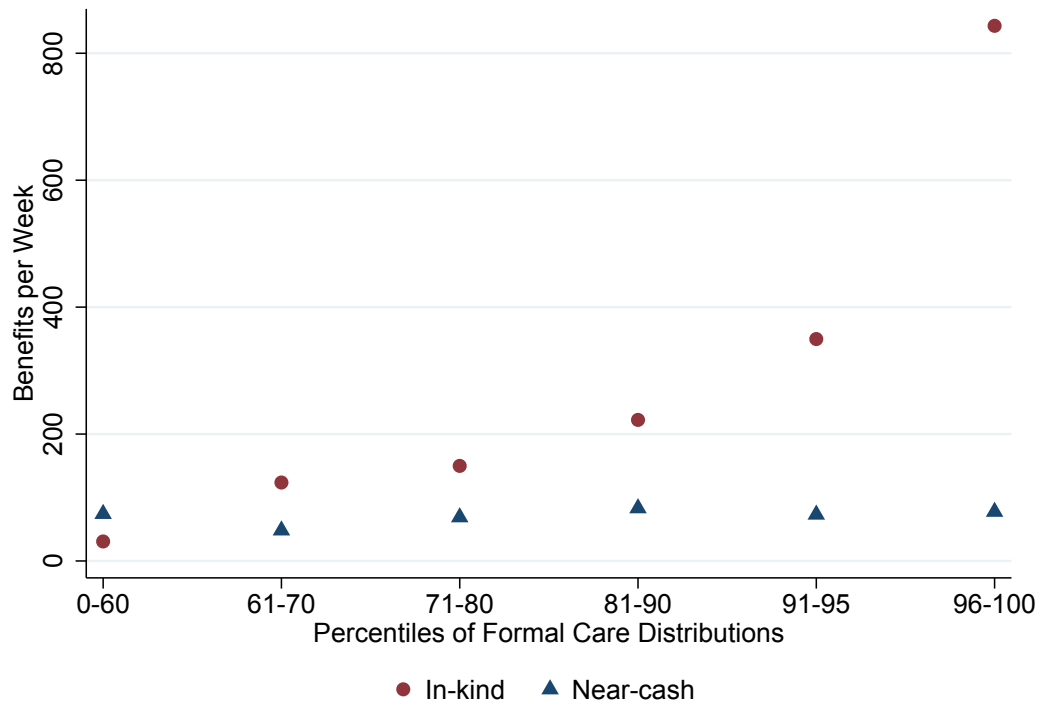


Figure 5: Targeting in the Arkansas Cash and Counseling Experiment

[Data from the Arkansas Cash and Counseling experiment. Average benefits on recipients per week shown separately for in-kind and near-cash groups. Within groups, individuals are ranked by their use of formal care at follow-up to determine their percentiles. 57 percent of those randomized to near-cash do not consume any formal care.]

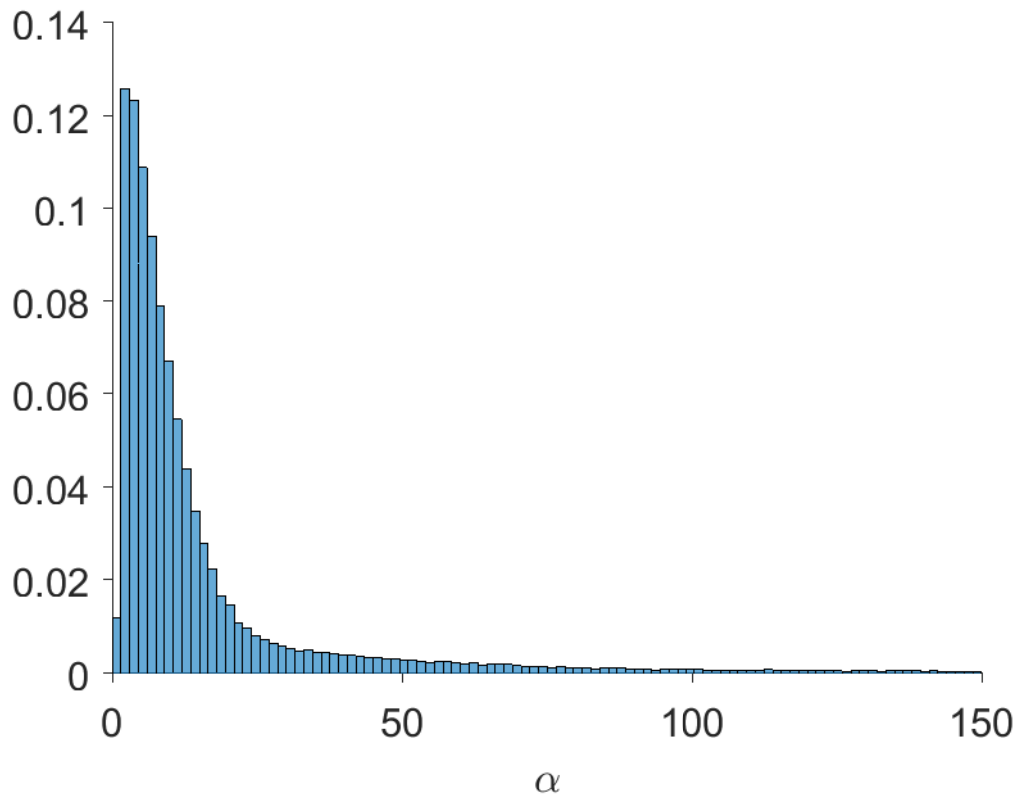


Figure 6: Distribution of the demand for formal care

[Simulated distribution of formal care satiation points,  $\alpha$ , in hours per week. The population is people age 65 and older with at least two activities of daily living limitations. The mean is 21 hours per week.]

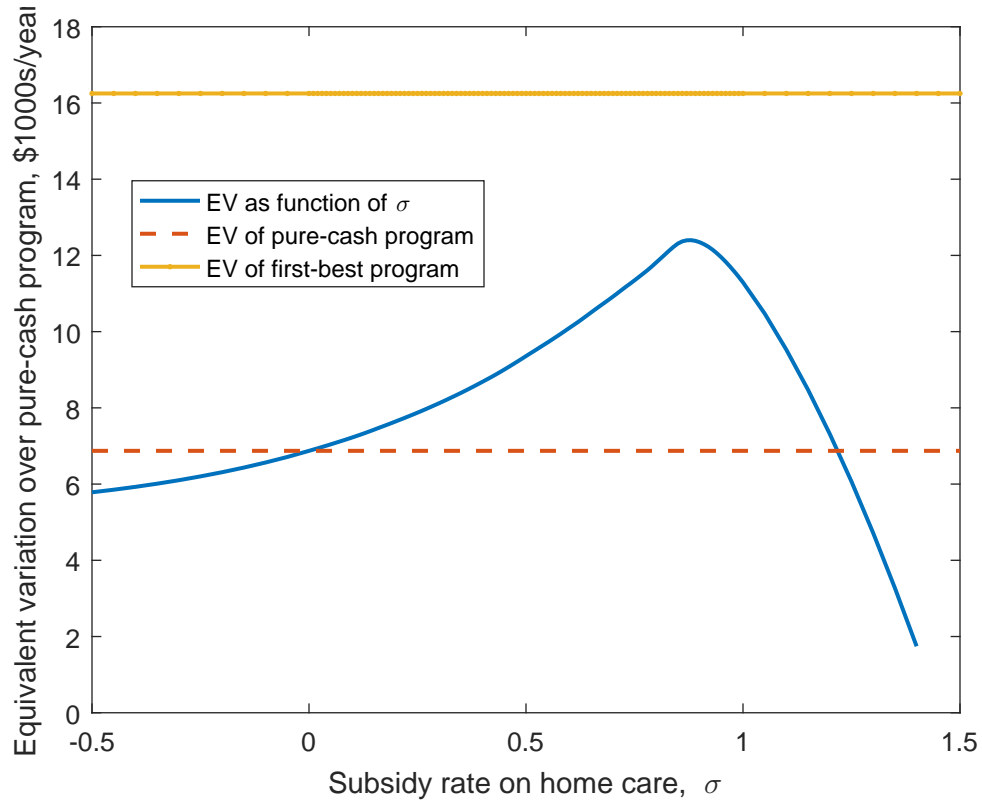


Figure 7: Equivalent variation of mixed cash/in-kind program as function of subsidy rate,  $\sigma$  [Equivalent variation of mixed cash/in-kind program as function of the subsidy rate,  $\sigma$ . Programs with larger subsidy rates have smaller cash benefits in order to hold fixed total program spending.]

Table 1: Summary Statistics for NLTCs

	Mean	Standard Deviation
Formal care hours	3.34	17.53
Number of ADLs	0.76	1.50
Health	2.37	0.94
Age	78.92	7.83
Female	0.65	0.48
Unmarried	0.57	0.50
Number in household	1.84	0.93
Any children	0.80	0.40
Income eligible for Medicaid	0.59	0.49

Means and standard deviations presented for variables from the 1999 NLTCs Community survey. Number of observations is 5,147 for most variables. Income eligible for Medicaid indicates whether the person's income would qualify her for Medicaid HCBS in her state.

Table 2: Average Hours of Formal Care by Treatment Group

	Cash	In-kind	Difference p-value
Overall	7.11	14.76	0.00
Arkansas	6.94	11.00	0.00
Florida	7.79	19.35	0.00
New Jersey	6.81	16.60	0.00

Means for formal home care hours per week. Cash indicates group received cash transfer; in-kind indicates group received traditional Medicaid home care. P-value for test of equality across groups shown in last column. Rows denote different samples.



Table 3: Price Sensitivity of Formal Care, First Stage Estimates

	(1)	(2)
Assigned to near-cash	8.14***	8.07***
	(0.25)	(0.25)
Controls	No	Yes
F-Statistic	1,066	1,046
Mean market price	13.73	13.73
Adjusted R-squared	0.35	0.37
Observations	1,946	1,946

Dependent variable is the marginal price of formal care. Data are from the Cash and Counseling experiments. Controls described in text are included in column (2). Robust standard errors reported. \*  $p < 0.10$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$

Table 4: The Price Sensitivity of Formal Care

	(1)	(2)
Price	-1.85***	-1.82***
	(0.17)	(0.17)
Controls	No	Yes
Mean hours, in-kind	14.76	14.76
Observations	1,946	1,946

Dependent variable is hours of formal care per week. Data are from the Cash and Counseling experiments. Columns (1) and (2) are IV Tobits where formal care hours are censored at zero. Controls described in text are included in column (2). Robust standard errors reported. \*  $p < 0.10$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$

Table 5: Summary Statistics by Takeup Decision, NLTCS

	(1) Take-up = 0	(2) Take-up = 1	(3) Difference p-value
Fraction eligibles			
Income eligible, < 2 cars	0.96	0.04	
Income eligible, no cars	0.90	0.10	
Restrictive income, no cars	0.84	0.16	
Formal care hours	11.72	25.75	0.00
Age	82.06	82.76	0.53
Four or more ADLs	0.47	0.62	0.02
Health fair or poor	0.63	0.78	0.01
Female	0.71	0.76	0.43
Unmarried	0.58	0.73	0.02
Has children	0.76	0.75	0.84
Income	700.27	572.33	0.02

Means presented separately for those who had not taken up Medicaid home care (column (1)) and those who had (column (2)) as well as p-value from test of equality of means across groups. Income eligible is based upon the income thresholds each state uses to determine eligibility. Restrictive income uses the lowest income limit and applies it to all states to provide an upper bound on takeup. The number of cars is an important determinant of asset eligibility for Medicaid home care. Data from the 1999 NLTCS. Only those who had at least two ADLs, met their state's income limit, and had fewer than two cars are included. This leads to a sample of 481 individuals. The alternative to health fair or poor is health good or excellent.

Table 6: Predicting Formal Care Use

	(1) Health	(2) Informal Care	(3) Income	(4) Care Plan
OLS in-sample	0.078	0.103	0.131	0.063
OLS out-of-sample	0.032	0.052	0.059	0.024
Machine learning out-of-sample	0.038	0.063	0.063	0.012

Rows present the  $R^2$  from separate models. Columns (1)-(3) indicate which sets of variables are used to predict outcomes and are cumulative. Thus column (2) uses both health and informal care variables to predict price-adjusted formal care use. Columns (1)-(3) use data from the NLTCs. Column (4) uses data from the Arkansas Cash and Counseling experiment. Only care plan hours are used to predict formal care in column (4).

	(1)	(2)	(4)	(5)	(6)	(7)	(8)	(9)–(11)			(12)	(13)	(14)	(15)
	Baseline	0	25	50	0	Max	1	2	3	4	$\gamma = 1$	$\bar{c} = \$2.5k$	Drop $\alpha > 50$	$\alpha$ distribution
<b>Optimal policy</b>														
Subsidy rate, $\sigma^*$	0.88	1.00	0.77	-0.50	0.94	0.86	1.30	-0.50	0.69	1.10	-0.50	0.89	0.59	0.75
<b>Equivalent variation over pure-cash policy, \$1,000s</b>														
Optimal subsidy policy	5.53	7.60	0.71	0.00	6.09	4.28	>38.13	0.67	1.86	35.74	0.23	21.07	1.74	2.31
First-best policy	9.38	7.60	1.96	0.22	8.35	9.52	-	-	-	-	-0.08	25.39	2.63	3.34
<b>Non-care consumption, \$1,000s</b>														
Mean, optimal subsidy	15.83	15.00	20.75	21.87	15.14	15.98	12.89	20.38	16.97	14.30	20.38	15.77	17.30	16.34
Mean, pure-cash policy	19.56	16.16	21.87	21.87	17.99	21.14	19.56	19.56	19.56	19.56	19.56	19.56	18.61	17.56
Std. dev., optimal subsidy	1.24	0.00	1.17	0.00	0.65	1.34	3.20	6.03	3.00	1.05	6.03	1.13	1.56	1.22
Std. dev., pure-cash policy	5.61	5.98	0.13	0.00	5.34	5.84	5.61	5.61	5.61	5.61	5.61	5.61	2.56	3.09
<b>Consumption distortion</b>														
Total CV over total cost	0.48	0.65	0.88	-	0.44	0.51	0.02	-	0.63	0.26	-	0.52	0.85	0.73
$E(q_{FC} optimal\ subsidy)$	14.01	15.80	2.84	0.00	11.67	17.73	20.31	3.78	11.55	17.30	3.78	14.15	5.37	4.97
$E(q_{FC} pure-cash\ policy)$	5.72	13.38	0.02	0.00	5.51	6.26	5.72	5.72	5.72	5.72	5.72	5.72	2.33	2.18
<b>Targeting benefit</b>														
Corr(marg. utility, CV)	0.84	0.90	0.24	-0.68	0.90	0.81	0.11	0.19	0.64	0.85	-0.94	0.81	0.74	0.81
$E(1(subsidy > cash\ pol.))$	0.16	0.24	0.04	0.00	0.18	0.14	0.14	0.83	0.15	0.15	0.83	0.16	0.18	0.13

Table 7: Policy analysis and robustness. Column 1 presents results based on the baseline assumptions. Columns 2–5 vary the value of  $\beta$  away from the baseline value of 1.8. Columns 6 and 7 vary the values of the  $\alpha$ 's corresponding to people who consume no formal care when facing a positive price (which are only partially-identified). Column 8 sets these  $\alpha$ 's to zero. Column 9 sets these  $\alpha$ 's to the maximum value consistent with these individuals' choices to consume no formal care when facing a positive price. Columns 10–11 use different models of state-dependent utility in which  $\mu(\alpha)$  is linear in  $\alpha$  and in which the multiplier factors  $\mu(\alpha)$  vary by a factor of 100,  $\max_{\alpha}\{\mu(\alpha)\}/\min_{\alpha}\{\mu(\alpha)\} = 100$ . In columns 8 and 9, the utility function is "inner state-dependent." In columns 10 and 11, the utility function is "outer state-dependent." In columns 12 and 13,  $\mu(\alpha)$  is decreasing, and in columns 14 and 15,  $\mu(\alpha)$  is increasing. See Appendix E for more details about state-dependent utility. Column 12 sets the coefficient of relative risk aversion to one (log utility), whereas the baseline coefficient of relative risk aversion is three. Column 13 sets the consumption floor to \$2,500, whereas the baseline value is \$5,000. Column 14 drops values of  $\alpha$  (formal care satiation levels) that exceed 50 hours per week. Column 15 cuts every  $\alpha$  value in half. Subsidy rates are constrained to be no smaller than -0.5 (a 50 percent tax) and no greater than 1.5 (a 150 percent subsidy, under which individuals are paid 50 percent of the market price to consume units of formal care). "Total CV over cost" is the total ex-post compensating variation of benefits under the optimal program as a fraction of the total cost of these benefits. Mean values of formal care consumption,  $E(q_{FC})$ , are in hours per week. "Corr(marg. utility, CV)" is the correlation between marginal utility in the absence of any policy and the ex-post compensating variation of benefits under the optimal subsidy. " $E(1(subsidy > cash\ pol.))$ " is the fraction of people who prefer the optimal subsidy to the pure-cash policy benefit ex post.

	Tag: Lives alone		Tag: Number of ADL limitations		
	No	Yes	2-4	5	6
Average formal care consumption, h/w	9.3	25.1	8.8	19.3	27.3
Optimal policy, \$s in \$1,000s					
Tagged pure-cash benefits, ( $B = b$ )	5.67	10.46	6.08	6.4	7.92
Tagged mixed benefits, ( $B, \sigma, b$ )	(5.67, 0.87, 1.4)	(10.46, 0.9, 1.77)	(6.02, 0.87, 1.52)	(8.53, 0.9, 1.11)	(7.92, 0.92, 0.68)
Equivalent variation over untagged policy, \$1s					
Tagged pure-cash benefits, ( $B = b$ )	227		4		
Tagged mixed benefits, ( $B, \sigma, b$ )	44		8		
Targeting benefit					
Corr(marg. utility, tagged pure-cash benefit)	0.20		0.05		

Table 8: Tags analysis. Average formal care consumption, in hours per week, is estimated in the NLTCs. The sample consists of people age 65 and older with at least two activities of daily living limitations. Subsidy rates are constrained to be no smaller than -0.5 (a 50 percent tax) and no greater than 1.5 (a 150 percent subsidy, under which individuals are paid 50 percent of the market price to consume units of formal care). “Corr(marg. utility, tagged pure-cash benefit)” is the correlation between marginal utility in the absence of any policy and the optimal tagged pure-cash benefits.

# Appendices

## A Theory Appendix

### A.1 The optimal mix of in-kind and cash benefits

Consider a planner choosing how to allocate a given budget,  $B$ , between cash and in-kind benefits. The planner's goal is to choose the benefits package that maximizes expected utility:

$$\max_{\sigma} EU(\sigma) = \int_{\Theta} v(p(\sigma), m(\sigma, B); \theta) f(\theta) d\theta.$$

The first-order condition, which holds with equality at an interior optimum,  $\sigma^*$ ,<sup>29</sup> is

$$\begin{aligned} \frac{dEU(\sigma^*)}{d\sigma} &= \int_{\Theta} \frac{dv(p(\sigma^*), m(\sigma^*, B); \theta)}{d\sigma} f(\theta) d\theta = E_{\Theta} \left( \lambda(\sigma^*; \theta) \frac{dV(\sigma^*; \theta)}{d\sigma} \right) = 0 \\ \iff Cov_{\Theta} [\lambda(\sigma^*; \theta) x_X(\sigma^*; \theta) p_X^0] &= (\sigma^* p_X^0) E_{\Theta} (\lambda(\sigma^*; \theta)) E_{\Theta} \left( \frac{dx_X(\sigma^*; \theta)}{d\sigma} \right). \quad (3) \end{aligned}$$

The second version of Equation 3 shows that, at the margin at an optimum, the covariance between marginal utility and the level of demand for  $X$  must be the same sign as the mean marginal change in  $X$  due to the shift in benefit composition, i.e.,  $\text{sign}(Cov_{\Theta} [\lambda(\sigma^*; \theta) x_X(\sigma^*; \theta) p_X^0]) = \text{sign} \left( E_{\Theta} \left( \frac{dx_X(\sigma^*; \theta)}{d\sigma} \right) \right)$ . This is the classic equity-efficiency tradeoff. Absent distortions,  $E_{\Theta} \left( \frac{dx_X(\sigma^*; \theta)}{d\sigma} \right) = 0$ , the optimal benefit composition fully eliminates the covariance between marginal utility and the demand for  $X$ ,  $Cov_{\Theta} [\lambda(\sigma^*; \theta) x_X(\sigma^*; \theta) p_X^0] = 0$ . More generally, the greater is the marginal distortion cost of shifting toward in-kind provision, the greater must be the marginal targeting benefit.

The first version of Equation 3 implies that, at the margin at an interior optimum, the benefit to some types from shifting toward greater in-kind provision must be exactly offset by the cost to other types of this shift. Suppose there are just two types,  $L$  and  $H$ . Then at an interior optimum, the end of the first row of Equation 3 implies that at the margin the planner optimally imposes

$$\left| \frac{dV(\sigma^*; \theta_L)}{d\sigma} \right| = \frac{p_H \lambda_H}{(1 - p_H) \lambda_L} \frac{dV(\sigma^*; \theta_H)}{d\sigma}$$

dollars' worth of costs on  $L$  types in exchange for \$1 worth of benefits to  $H$  types. The marginal willingness to pay in terms of costs imposed on  $L$ s in order to help  $H$ s by \$1 is increasing in the ratio of the expected marginal utility of  $H$ s to the expected marginal utility

<sup>29</sup>In certain contexts, including possibly home care, it might be feasible to subsidize formal care at more than a 100 percent rate, so that consumers face a negative net-of-subsidy price of formal care. In this case, the subsidy rate  $\sigma$  can take any real value and the first-order condition holds with equality. A necessary condition for a greater-than-100-percent subsidy to be feasible is that recipients are not able to freely dispose of the good.

of  $L_s$ .

## A.2 First best

In the first-best case, an individual's type,  $\theta$ , is verifiable. In this case the planner can choose different  $(b, \sigma)$  benefit bundles for different types. The total derivative of type  $\theta$ 's indirect utility with respect to the in-kind component of its benefit,  $\sigma$ , is

$$\begin{aligned} \frac{dv(p(\sigma), m(\sigma, B); \theta)}{d\sigma} &= \lambda(\sigma; \theta) \left[ x_X(\sigma; \theta)p_X^0 - x_X(\sigma; \theta)p_X^0 - (\sigma p_X^0) \frac{dx_X(\sigma; \theta)}{d\sigma} \right] \\ &= -\lambda(\sigma; \theta)(\sigma p_X^0) \frac{dx_X(\sigma; \theta)}{d\sigma}, \end{aligned}$$

which is negative for all positive subsidy rates. When type is verifiable, a pure cash contract is optimal, and the cash benefits for each type are chosen to equalize each type's marginal utility. Verifiable types means that the planner can redistribute across types without resorting to distortions, so there is no motive for introducing a distortion in this case.

# B Additional Background on Medicaid Home Care and the Cash and Counseling Demonstrations

## B.1 Medicaid Home Care

Medicaid plays a major role in financing home care. Medicaid home care programs have grown rapidly in recent years from 1.9 million recipients in 1999 to nearly 3 million recipients by 2013. In addition to the growing number of participants, the fraction of Medicaid long-term care dollars that go to home care has risen from 18 percent in 1995 to 51 percent in 2014 (Kaiser Commission on Medicaid and the Uninsured, 2016).

An individual's eligibility for Medicaid home care is based upon a financial means tests and an assessment of her "need" for home care based on her health. Medicaid policies vary somewhat across states at least in part because Medicaid is financed jointly by the federal and state governments. In most states, Medicaid provides home care primarily through two programs: the Medicaid Title XIX PCS optional State plan and the Medicaid 1915(c) HCBS waiver program. For the elderly, the means tests for Medicaid home care are often less restrictive than those for general Medicaid coverage. The majority of states provide coverage for individuals with incomes up to 300 percent of the monthly Supplemental Security Income amount (LeBlanc et al., 2001).

The amount of Medicaid home care for which an individual qualifies is determined by a medical exam. The applicant's health care provider must submit a care plan that details the services deemed appropriate based on the applicant's health status. Summaries of Medicaid-provided home care services are available in LeBlanc et al. (2001) and Kaiser Commission on Medicaid and the Uninsured (2011).



Estimating take-up rates for Medicaid home care, and means-tested programs more generally, is notoriously difficult (U.S. Department of Health and Human Services, 1992; Currie, 2006). Eligibility rules are complex, vary from state-to-state, and often depend upon household characteristics that are unobservable to the researcher. We use the NLTCs to estimate the fraction of the elderly who are eligible for benefits, based on the eligibility criteria from Schneider et al. (1999). We combine that estimate with the size of the 65-and-older population and administrative estimates of the number of Medicaid home care users from LeBlanc et al. (2001). The main source of uncertainty in our estimated take-up rate is the incompleteness of the information on household assets in the NLTCs. In all cases, a person must have at least two activities of daily living limitations. The upper end of our range, 16 percent take-up, should be interpreted as an upper bound on the take-up rate because we imposed (much) more restrictive income and asset requirements than the actual limits in the vast majority of states. In particular, we imposed that the household earned no more than 100 percent of the SSI benefit and had no cars (car value is one of the primary inputs to the asset tests). Our least restrictive eligibility threshold uses the income limits from Schneider et al. (1999) and imposes that the household have fewer than two cars.

## B.2 Cash and Counseling Demonstrations

In New Jersey and Florida, only individuals who were currently receiving Medicaid home care were eligible to participate in the demonstrations.<sup>30</sup> Arkansas allowed a limited number of individuals who qualified for but were not receiving Medicaid home care to participate. Both non-elderly and elderly individuals were enrolled and there was no screening on whether the individual had or would be able to find sources of care. Participants were enrolled beginning in 1998 in Arkansas, in 1999 in New Jersey, and in 2000 in Florida. Individuals who agreed to participate were given a baseline survey and then randomized to the in-kind or near-cash treatments, each with a 50 percent probability.<sup>31</sup> Participants were then surveyed 4-6 months after enrollment and again at 9 months after enrollment. We use data from the baseline and 9 month follow-up surveys.

The near-cash benefit was not the fully cashed-out cost of the individual's care plan. This was an artifact of a requirement that the experimental cash treatment be budget-neutral, which meant that the costs of paying the counselors who helped treatment group members manage their care came out of the cash allowances. For example, in New Jersey, 10 percent of the value of the care plan was set aside to cover program costs. Counselors were available to participants to help them develop plans for spending the money, issue checks (to caregivers or for other services), handle paperwork associated with being an employer (e.g. payroll taxes), and maintain account records related to the demonstrations. Recipients had to submit receipts documenting that they spent their benefits on personal care services, though they were allowed to spend up to 10 percent of their allowance on services that could not be readily invoiced, e.g., payments to a neighbor for mowing the lawn.

Table F.2 provides summary statistics on the Cash and Counseling participants. We restrict

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<sup>30</sup>Our description of the experiments relies heavily upon (Brown et al., 2007).

<sup>31</sup>Those individuals in Arkansas who had not previously been enrolled in Medicaid home care had to verbally commit to seeking the in-kind benefits if they were not randomized to the near-cash benefit.

the sample to those who are at least 65 years of age and with nonmissing data on age, gender, race, education, and self-rated health. Our final sample includes 1,946 individuals. At baseline, average formal care consumption ranged from 8 (Arkansas) to 16 (New Jersey) hours per week, and on average participants had two informal caregivers. The average age is in the upper 70s, the majority of participants are female, and the participants do not have high levels of education. Although non-negligible fractions of the treatment and control group attrited from the experiment before the nine-month follow-up survey (20 and 35 percent of treatment and control group members, respectively), of the 30 balance tests, none of the differences between treatment and control groups are statistically distinguishable from zero at the 5 percent level and only one is significant at the 10 percent level. This is fewer significant differences than would be expected to arise by chance without any differential attrition.

## C Robustness and Generalizability of the Estimate of the Demand for Formal Home Care

As we discuss in Section 6, the key conclusion about the desirability of subsidizing formal care is robust to a wide range of values of the price sensitivity of demand for formal care. But the magnitudes of the optimal subsidy and the welfare gains from in-kind provision depend on the particular value of the price sensitivity of demand. The price sensitivity of demand for care is important for other questions as well, including the extent to which private long-term care insurance contracts that subsidize formal care suffer from a “moral hazard tax.” In this section, we address issues related to both the internal and external validity of our estimates of the price sensitivity of demand for formal care.

### C.1 Internal validity

There are two main threats to the internal validity of our estimate of the price sensitivity of demand for formal care. The first is quantity constraints that might limit consumption of traditional Medicaid home care. If quantity constraints bind, the first stage of our IV overstates the change in prices (marginal values) associated with being randomized to the cash group and thereby leads us to underestimate the price sensitivity of demand. Quantity constraints may have taken two main forms in this context: supply constraints and statutory or de facto limits on Medicaid home care benefits.

Supply constraints are thought to have faced Medicaid home care recipients in Arkansas during the period of the Cash and Counseling experiment (Brown et al., 2007). These constraints apparently arose from some combination of Medicaid paying below-market prices and the local home care market being in disequilibrium around the time of the experiment. To the extent that such issues were important, ignoring them would tend to lead us to underestimate the true price sensitivity of demand. The simplest way to avoid this issue is to drop Arkansas from the analysis and instead focus on Florida and New Jersey.

Quantity constraints may also have arisen from statutory or de facto limits on how much

Medicaid home care people can use. Both Arkansas and New Jersey had statutory limits on Medicaid home care—16 hours per week in Arkansas and 25 hours per week in New Jersey. (Florida had no statutory limit.) Moreover, as discussed in the text, the amount of Medicaid home care that someone can consume is determined by a care plan written by the individual’s physician. If physicians, whether in an effort to be “good agents” of Medicaid or for other reasons, prescribe care plans whose hours fall short of their patients’ satiation points, then Medicaid home care recipients may not be able to reach their satiation points.

Although in principle the combination of maximum benefit limits and care plan limits could limit the quantity of Medicaid home care available to recipients, in practice it does not appear that either one of these constraints significantly constrained consumption. On care plans, many recipients consume strictly less than their care plan hours, and it is not clear what incentive physicians may have to restrict hours. If anything, physicians’ professional norms and ethos might lead them to act as an agent of the patient rather than Medicaid. Maximum benefit limits also appear to be less binding than might have been expected. LeBlanc et al. (2001) survey Medicaid home care programs and discuss several explicit mechanisms for granting exceptions to the limits. For example, in New Jersey, where the statutory limit was 25 hours per week, with prior authorization a recipient could receive between 26 and 40 hours of care per week and with central office approval a recipient could receive as much care as “needed.” Consistent with these or other mechanisms relaxing quantity limits, the distributions of formal care hours among Cash and Counseling participants receiving traditional Medicaid home care do not exhibit much bunching around these limits. If the limits were binding, one would expect significant bunching because a binding limit causes a convex kink in the budget constraint between formal care and all other goods.<sup>32</sup> Figures F.1–F.3 present the CDFs of formal care hours for people randomized to the in-kind group in each of the three Cash and Counseling states. In Arkansas (Figure F.1), there is no apparent bunching that would suggest that consumption was constrained by the state’s limit. In addition to there not being a large mass point at 16 hours, nearly one-fifth of the sample consumed more care than the state’s limit. In New Jersey (Figure F.3), there is bunching at certain points in the CDF of care hours, but this appears to be more of a function of rounding than any limits being imposed. The mass points at 15 and 20 hours (8 and 9 percent of the distribution, respectively) are similarly sized to the mass point at the statutory limit of 25 hours (11 percent).

In Table F.3, we present estimates of the price sensitivity of formal care for each state. The first row shows that the IV Tobit estimates range from -0.96 (Arkansas) to -2.79 (Florida). In the second row, we impose the upper bounds on care hours implied by the Arkansas and New Jersey limits. We censor observations above those cutoffs and use the IV Tobit to re-estimate the price sensitivity. The additional censoring reduces our estimated price sensitivity in Arkansas but increases it in New Jersey. (We exclude Florida since care hours are not limited there.) The differences across states are similar to those found with the standard IV Tobit.

Generally, the results are consistent with the concern that quantity constraints—whether

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<sup>32</sup>Of course, any test of bunching faces the limitation that measurement error lessens observed bunching. A useful feature of our context in this regard is that the tested-for kink in the budget constraint is quite sharp, from zero up to the market price. To the extent that care limits were truly binding, one might expect the limits to be highly salient to recipients and as a result perhaps less attenuation from reporting error.

from supply constraints in Arkansas or statutory limits in Arkansas and New Jersey—might be biasing our price sensitivity estimates towards zero. The state without limits (Florida) consistently displays greater price sensitivity than the other states. Because average care consumption is so different across states, it is also useful to consider the percentage changes implied by the coefficients. A one-dollar increase in the price of formal care is estimated to increase formal care consumption by 9 percent in Arkansas, 14 percent in Florida, and 10 percent in New Jersey. The results also reveal important heterogeneity in price sensitivity across states above and beyond that which appears to be due to quantity constraints. We return to this issue in our discussion of external validity below.

The second main threat to the internal validity of our estimate of the price sensitivity of demand for formal care is the distributional assumptions we make in the estimation. The key assumption we make is that the unobservables are jointly normally distributed (particularly that  $\varepsilon_i$ , the residual in the latent demand function, is normal). This assumption is important because the majority of the cash group and a large minority of the in-kind group do not consume any formal care. People who do not consume any formal care are at a corner, so revealed preference analysis only bounds their level of demand. The Tobit normality assumption is one way among many to deal with this missing data problem.

We test the sensitivity of our results to a number of different distributional assumptions on  $\varepsilon_i$ . In each case, we continue to instrument for price as we did in the main analysis. These results can be found in Table F.4. As seen in columns (2) through (4), the estimated price sensitivity changes somewhat from one specification to the next but not dramatically so.

In the next four columns of Table F.4, we assume that everyone who is potentially at a corner solution has a marginal value of care of exactly  $p$ , the maximum consistent with their behavior. As seen in Figure 2, those in the cash group were more likely to consume zero hours of care than those in the in-kind group. In a Tobit model, this greater mass at the censoring point tends to reduce the (latent) mean of the care hours distribution for the cash group relative to the in-kind group. The 2SLS model does not have this feature and, as a result, tends to produce smaller mean differences between the cash and in-kind groups. In our setting, this translates into a smaller price sensitivity. Again, we instrument for the price of care with each participant’s randomly assigned transfer type. Under these assumptions, we tend to find a price sensitivity around -1.

As we show in Section 6, only values of the price sensitivity far greater than any we find in this appendix section can overturn the result that the optimal subsidy on formal care is significantly greater than zero.

## C.2 External validity

The generalizability of the results from the Cash and Counseling experiments to other contexts depends on the similarity of the experiments’ participants to various populations of interest (in terms of price sensitivity of demand for formal care) and how well the experiments match various policies of interest.

Cash and Counseling participants are unlikely to be representative of Americans 65 and older

in bad health. Most participants selected into Medicaid home care, and Medicaid home care recipients have a greater demand for formal care than the population as a whole. The participants are also unlikely to be representative of the broader population of Medicaid home care recipients. Participation in the Cash and Counseling demonstrations is voluntary and the benefits are increasing in the price sensitivity of demand for formal care. By participating, an individual gains the possibility of receiving in cash roughly the cost to Medicaid of providing their formal care benefit. The extent to which an individual values the cash benefit more than the in-kind benefit is increasing in the sensitivity of the individual's demand for formal care to its price. It is natural to expect that participants in the experiments were more sensitive to the price of formal care than the broader population of Medicaid home care recipients in the Cash and Counseling states. This tends to increase our estimate of the price sensitivity of demand for formal care relative to what we would expect to find among the broader population of recipients of Medicaid home care.

Another reason the results of the Cash and Counseling experiments might not generalize well to other contexts is the nature of the experiment itself. Care-giving arrangements, for which people often make important investments such as moving or adjusting their labor supply, likely depend on both the past history of policies and expectations about future policies. People arrange their lives in order to make the best of the choices available to them, and their decisions about where to live and work and whether to use formal or informal home care likely depend on the nature of any home care benefits for which they might be eligible. The Cash and Counseling experiments likely came as a surprise to many participants, and it is unclear what participants might have expected about the persistence of this policy—would it continue indefinitely or would they soon be reverted back to traditional Medicaid home care? Both the surprise aspect and the uncertainty about how long cash benefits might last likely dampened responses relative to what they would have been under an anticipated, permanent policy.

These considerations suggest caution in applying the results of the Cash and Counseling experiments to other contexts. But the robustness of our main conclusions to even large changes in the price sensitivity of demand for formal care greatly limit this concern in our context. And the strengths of the Cash and Counseling experiments—the large, exogenous price variation—make it a valuable piece of evidence about the demand for formal care and the effects of alternative home care-related policies.

## **D Differential Targeting of In-kind and Near-cash Transfers in the Arkansas Cash and Counseling Experiment**

We provide additional evidence on who is targeted by in-kind provision with the Arkansas Cash and Counseling experiment. Note that the experiment's in-kind provision is being compared to the near-cash transfer, not a pure cash transfer. Because the near-cash transfer is tagged, it likely targets resources to the same set of eligibles targeted by the in-kind transfer. As a result, this analysis likely understates the degree to which in-kind provision targets particular demographic groups relative to a pure cash transfer. We run regressions

of the form

$$expenditures_i = \beta_0 + \beta_1 inkind_i + \beta_2 X_i + \beta_3 (inkind_i * X_i) + \varepsilon_i \quad (4)$$

where  $expenditures_i$  is the dollar cost of benefits received by participant  $i$ ,  $inkind_i$  is an indicator for whether  $i$  was randomized to the in-kind group, and  $X_i$  is a particular demographic characteristic. The coefficient of interest,  $\beta_3$ , tells us whether those with more of the characteristic  $X_i$  receive differentially greater transfers in the in-kind group than do those with lower values of  $X_i$ . For example, if  $X_i$  indicates having more disabilities,  $\beta_3 > 0$  would indicate that those who are more disabled gain more from the in-kind program than do individuals who are less disabled, i.e. that the in-kind program targets those who are more disabled to a greater extent than the near-cash benefit. Table F.5 reports the average effects estimated via OLS as well as impacts in the right tail of the distribution estimated via quantile regression. The right tail of the distribution is of particular importance because that is where there is the greatest scope for targeting to provide insurance value. If in-kind provision targets transfers, then the OLS estimates will reflect an average of the negative effects in one tail with the positive effects in the other tail. The quantile regression, however, will only reflect what is happening in the far right tail and could be more informative about which types of individuals are being targeted. Robust standard errors are reported for the OLS regressions while bootstrapped standard errors are presented for the quantile regressions.

Column (1) of Table F.5 reports that older and sicker individuals received differentially more transfers in the in-kind program. Measures of self-rated health, gender, and a proxy for availability of informal care do not appear to be associated with the type of transfer provision. Those who lived alone at the baseline receive differentially fewer resources in the in-kind group than those who did not live alone at the baseline. While living alone could signal having fewer informal care options, it could also signal being in better health since the individual is able to live alone. This latter interpretation appears to be more apt in our context because those who lived alone at baseline had lower costs than those who did not live alone (\$107 per week for those who lived alone vs. \$129 for those who did not live alone).

Columns (2) through (4) show results at the 90th, 95th, and 99th quantiles respectively. The point estimates in the second row suggest that more disabled participants received differentially more benefits from the in-kind transfer than under the near-cash transfer. This difference appears to be growing as we move further out into the tail of the distribution where the targeting benefits from in-kind provision could have their largest impacts. We find similar patterns for women and those with less access to informal care, the unmarried.

Columns (5) through (8) present the same analyses for the subset of participants in Arkansas who had not been in the Medicaid home care program at baseline. This group is more representative of the roughly 90 percent of eligibles who do not take up Medicaid home care. Again, we find that the Cash and Counseling in-kind program appears to target more resources towards those with worse health and fewer informal care options. Although we can not observe the marginal utility of income directly, it seems likely that the sicker and those with fewer informal care options are likely to be those with greater marginal utility.<sup>33</sup>

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<sup>33</sup>There is some evidence of health-dependent utility (e.g. Viscusi and Evans, 1990; Finkelstein et al., 2013). If being sicker reduces an individual's marginal utility of income, then it is less clear that a social

# E Welfare Analysis

## E.1 Optimal first-best insurance

To better understand the nature of the risk that people face and the desired insurance transfers, consider the benchmark of a first-best insurance program. The first-best transfer schedule satisfies:

$$b(\theta; B) = \begin{cases} b(B) + \frac{\max\{\alpha, 0\}^2}{2\beta}, & \text{if } \alpha < \beta p; \\ b(B) + p(\alpha - \beta p) + \frac{\beta p^2}{2}, & \text{if } \alpha \geq \beta p, \end{cases}$$

where  $B$  is average per-person spending on people eligible for home care benefits and  $b(B)$  is the cash transfer that makes total program spending equal  $B$ . The first-best transfer is increasing in  $\alpha$ , first quadratically then linearly. With these transfers, indirect utility is

$$v_{FB}(p, m, B; \theta) = u(m + b(B)),$$

which is independent of  $\theta$ . The first-best contract does not distort consumption, and it fully insures all risk. By making larger transfers to people with larger demands for formal care, it fully compensates people for their expenditures on formal care and any residual utility costs they face from coping with their health problems.

## E.2 Estimating the distribution of demand for formal care

As discussed in the text, we use the observed distribution of formal care consumption together with our estimate of the price sensitivity of demand for formal care to infer the latent distribution of the level of demand for formal care. We express the level of demand for formal care in terms of satiation points,  $\alpha$ . The only tricky part of this calculation is that observed formal care consumption does not point-identify  $\alpha$  for people consuming zero formal care, it only bounds it:  $\alpha_i \leq \beta p_i$ . We estimate the full  $\alpha$  distribution, including the  $\alpha$ 's of people who consume zero formal care, in three steps.

The first step involves using the observed distribution of formal care consumption,  $q$ , to infer the partially-unobserved distribution of latent demand,  $q^*$ , where  $q_i = \max\{0, q_i^*\}$ . In the baseline specification, we fill in the censored values of  $q_i^*$  corresponding to the  $q_i = 0$  cases by linearly extrapolating the observed  $q$  density among people with small positive quantities. In particular, we calculate the number of people in each of two groups: those who consume more than zero and less than five hours of care per week and those who consume more than five and less than ten hours of care per week. Based on the shares of people in each group, we estimate the implied (constant) slope of the probability density function over this range and its level at  $q^* = 0$ . We assume that this slope remains constant at lower values of  $q^*$ , which amounts to assuming that the left part of the underlying latent quantity distribution has a triangular distribution. For each censored  $q^*$  (corresponding to an individual who consumed

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planner would want to target resources to sick states. We explore the sensitivity of welfare analysis to health-dependent utility in the next section.

no formal care at market prices), we draw the underlying latent  $q^*$  from the truncated triangle distribution based on the estimated slope. Figure F.4 shows the underlying distribution of formal care consumption on which this calculation is based.

Second, we convert each  $q^*$  to its corresponding  $\alpha$  using the estimated price sensitivity of demand for formal care,  $\alpha_i = q_i^*(p) + \beta p$ . This adjusts (potentially latent) formal care consumption by our estimate of the impact of the price on consumption. Finally, we estimate the kernel density of the implied  $\alpha$  distribution. Figure 6 shows the resulting  $\alpha$  distribution. It is mostly just a rightward-shifted version of the observed distribution of formal care consumption, with adjustments for the censoring of people who consume no formal care.

For the tags analysis, we repeat the same procedure for estimating the  $\alpha$  distribution separately for different groups of people, as defined by their tagged characteristics. Figures F.5 and F.6 show the  $\alpha$  distributions of people who do vs. do not live alone and for people with different numbers of activities of daily living limitations. All of the distributions are similarly-shaped, and they exhibit the expected differences in levels. The demand for formal care is greater among people who live alone than among people who live with others, and it is greater among people with more activities of daily living limitations.

We test the robustness of our results to making different extreme assumptions about how to fill in the unidentified  $\alpha$  values. In one case, we set every unidentified  $\alpha$  value to zero, which is equivalent to assuming that anyone who consumed no care when facing market prices would also consume no care when facing a price of zero. In the other extreme, we set all of the partially-identified  $\alpha$ 's equal to their (point-identified) upper bound,  $\alpha_i = \hat{\beta} p_i$ .

### E.3 State-dependent utility

As discussed in the text, any state-dependence in utility that is correlated with formal care consumption is centrally important for the value of in-kind provision, since it affects the value of redistribution across people with different levels of demand for formal care. State-dependence that increases the marginal utility of people with greater demand for formal care relative to people with lower demand for formal care increases the attractiveness of in-kind formal care transfers, whereas state-dependence that decreases the marginal utility of people with greater demand for formal care relative to people with lower demand for formal care decreases the attractiveness of in-kind formal care transfers. Given the possibility that people with different demands for formal care might have systematically different utility functions, it is therefore important to test the robustness of the results to different possibilities about state-dependent utility.<sup>34</sup>

Two natural ways in which to model state-dependent utility are to introduce a scaling factor

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<sup>34</sup>Although health-dependent utility is a natural concern, in the context of home care benefits its importance is somewhat diminished by the fact that most home care benefit programs limit eligibility to people with at least two activities of daily living limitations. This ensures that home care benefits go only to people who have fairly severe chronic health problems. As a result, the type of state-dependence of utility that is relevant for the design of home care benefits (taking as given the eligibility criteria for home care benefits) is state-dependence within the set of (sick) people eligible for benefits, not between people in good vs. bad health.



on the outside or inside of the utility function:

$$U(c; \theta) = \begin{cases} \mu(\theta)u(c), & \text{“outer state-dependence”;} \\ u(\mu(\theta)c), & \text{“inner state-dependence”}. \end{cases}$$

“Outer state-dependence” multiplies the standard, type-independent component of the utility function by a factor  $\mu(\theta) \geq 0$ , which is potentially correlated with demand for formal care. This type of state dependence has a straightforward effect on the value of redistribution across types. Types with greater scaling factors have greater marginal utility for any given level of net consumption. “Inner state-dependence” multiplies net consumption (non-care consumption net of any utility costs of residual health problems) inside the standard, type-independent utility function. Unlike “outer state-dependence,” “inner state-dependence” can have a subtle effect on the marginal utility of a given level of net consumption. On the one hand, types with greater scaling factors are more effective at converting income into net consumption (“effective consumption” is  $\mu(\theta)c$ , which is increasing in  $\mu(\theta)$  for any  $c$ ), which tends to increase the marginal utility of income. On the other hand, types with greater scaling factors have greater effective consumption for any given level of net consumption, which tends to reduce the marginal utility of income due to marginal utility diminishing in the level of effective net consumption. With log utility, these two effects cancel out, and “inner state-dependence” has no effect on the marginal utility of income. With preferences in which marginal utility diminishes more rapidly in effective consumption, such as constant relative risk aversion preferences with a coefficient of risk aversion greater than one, the latter effect dominates and types with greater scaling factors have lower marginal utility for any given level of net consumption.

## E.4 Robustness

This section provides additional intuition for and discussion of the robustness tests reported in Table 8 and discussed in the main text.

The reason that the results are robust to large changes in the distribution of demand for formal care among people with low demand is that the key driver of the targeting benefit from in-kind provision is the shape of the other tail of the formal care distribution: people with high demand for care. The distribution of demand among people with a low demand for care matters mainly for determining the distortion cost of in-kind provision.

The robustness of the results to changes in the right tail of the distribution of demand for formal care partially addresses possible biases from modeling a dynamic situation in a static model. The static nature of the model means that formal care costs must be financed by reducing non-care consumption in that period; they cannot be smoothed over time by saving and borrowing. To the extent that shocks are not entirely persistent, this tends to lead us to overstate the welfare cost of uninsured risk and so the value of insurance against it. This issue is less relevant for Medicaid home care—with its strict asset tests—than for private long-term care insurance. It also addresses possible biases from ignoring other risk-sharing arrangements, e.g., informal family insurance.

That a combination of relatively low risk aversion together with a relatively generous con-

sumption floor can overturn the optimality of a large subsidy on formal care reflects the undesirability of *any* insurance—including a first-best contract—in situations in which means-tested programs are sufficiently attractive. The final column of the table shows that if risk aversion is relatively low ( $\gamma = 1$ ) and the consumption floor is relatively generous ( $\bar{c} = \$5,000$ ), the first-best insurance policy that provides complete insurance without distorting consumption is dominated by an alternative uniform pure-cash benefit that provides no insurance at all. The reason that even a first-best, actuarially-fair insurance contract is dominated by the no-insurance alternative in this case is the high rates of implicit taxation from the consumption floor. Without insurance, the consumption floor pays for much of the care of people with the greatest demand for care. As a result, insurance reduces average consumption among the insured by reducing the transfers they receive from consumption-floor programs. This is similar to Brown and Finkelstein's (2008) findings about how Medicaid can crowd out purchases of even actuarially fair long-term care insurance by a large part of the wealth distribution. It should be noted that while the first-best contract is dominated by no insurance from the perspective of people eligible (or potentially eligible) for home care, the first-best contract is better from the perspective of society as a whole. From the perspective of society as a whole, the home care benefit should internalize any effects alternative home care benefits might have on the rest of society, including government or private consumption-floor programs.

## F Appendix Figures and Tables

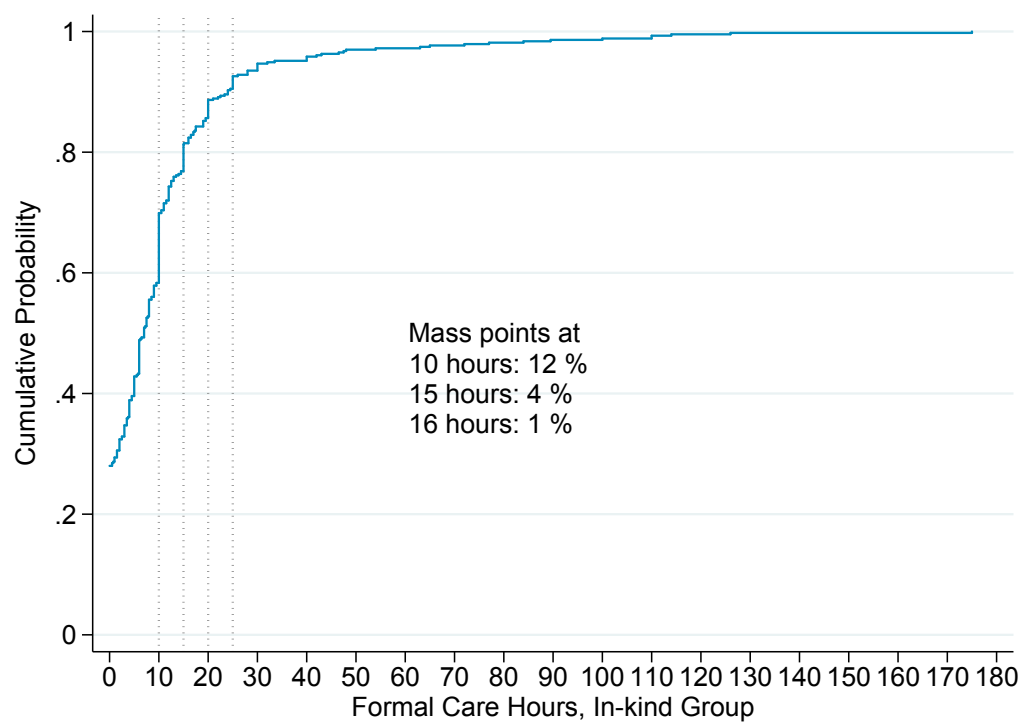


Figure F.1: CDF of Formal Care in Cash and Counseling States, Arkansas  
[Data from the Cash and Counseling follow-up survey of the in-kind group in Arkansas. Formal care is measured in hours per week. Arkansas had a regulation that limited care to 16 hours per week (LeBlanc et al., 2001). The vertical dotted lines mark 10, 15, 20, and 25 hours per week for reference.]

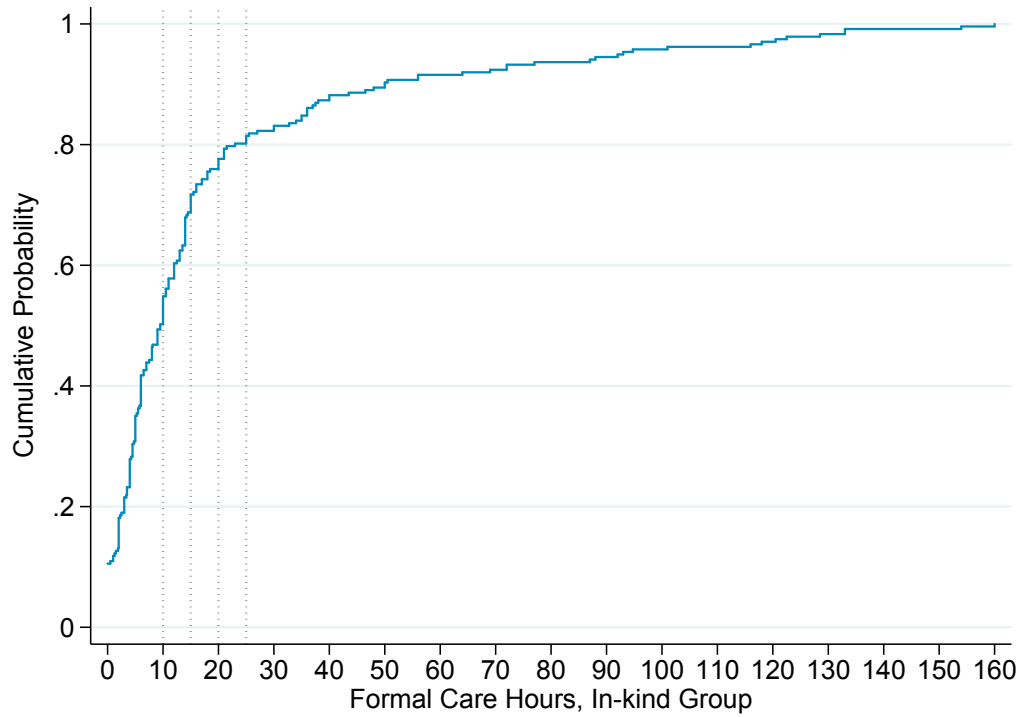


Figure F.2: CDF of Formal Care in Cash and Counseling States, Florida  
 [Data from the Cash and Counseling follow-up survey of the in-kind group in Florida. Formal care is measured in hours per week. Florida had no regulation limiting care hours (LeBlanc et al., 2001). The vertical dotted lines mark 10, 15, 20, and 25 hours per week for reference.]

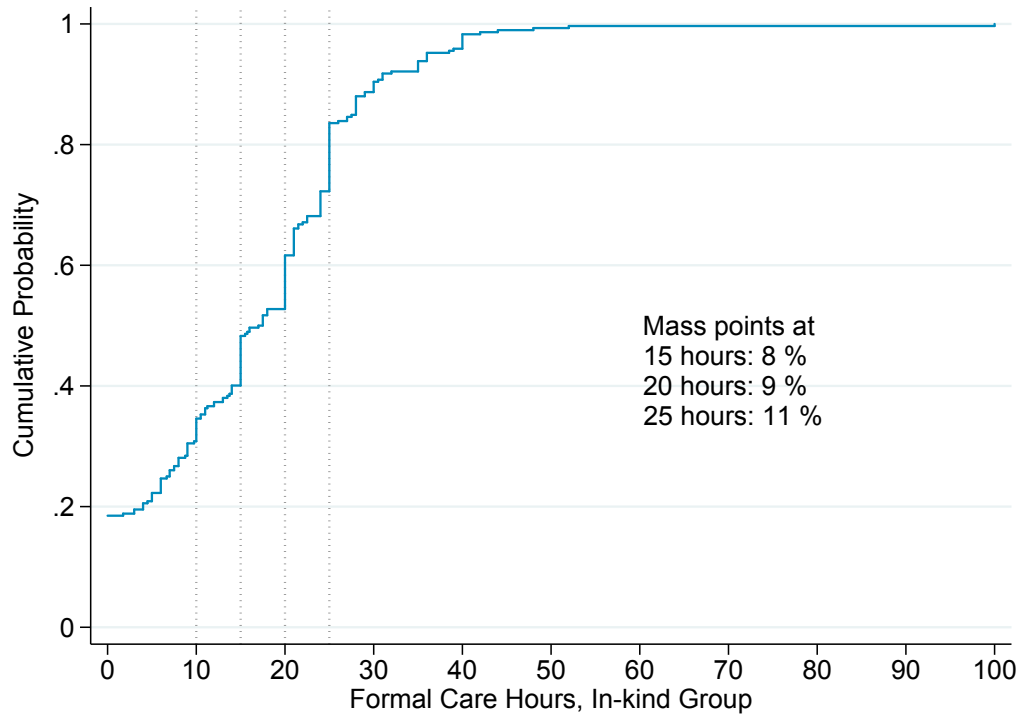


Figure F.3: CDF of Formal Care in Cash and Counseling States, New Jersey  
 [Data from the Cash and Counseling follow-up survey of the in-kind group in New Jersey. Formal care is measured in hours per week. New Jersey had a regulation that limited care to 25 hours per week (LeBlanc et al., 2001). The vertical dotted lines mark 10, 15, 20, and 25 hours per week for reference.]

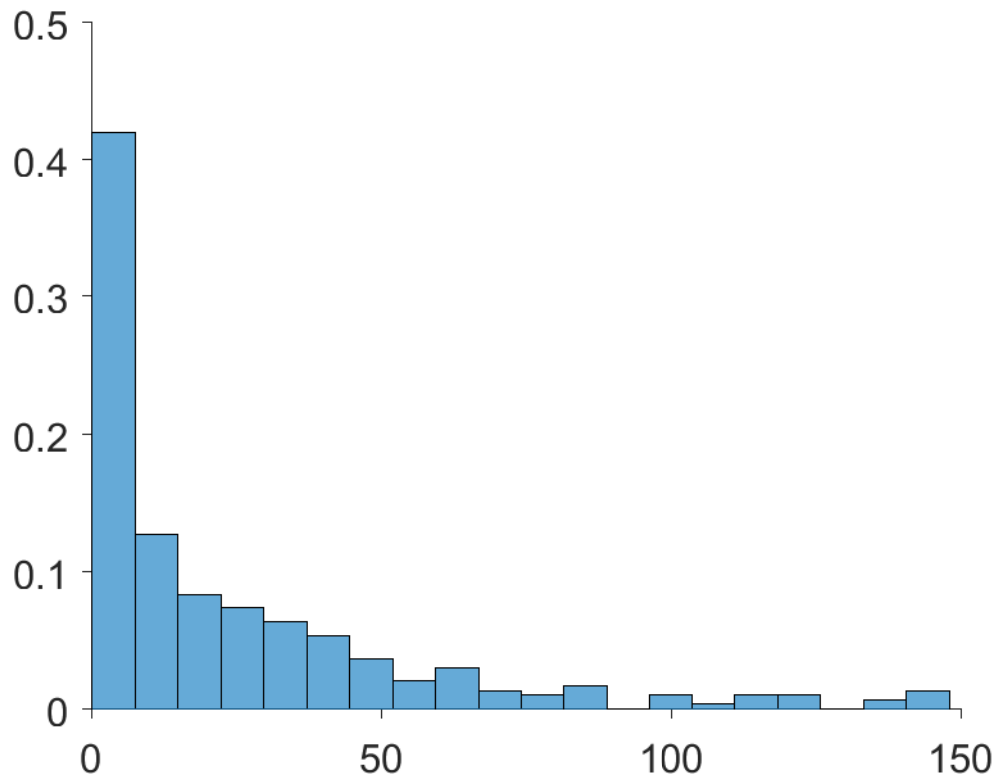


Figure F.4: Distribution of formal care consumption among people with two or more ADL limitations

[Distribution of formal care consumption among people with two or more activity of daily living limitations in the NLTCs. The figure omits the 65 percent of people who report consuming no formal care and the 3 percent of people who report consuming more than 150 hours per week of formal care for readability. The mean of the full distribution is 12 hours per week.]

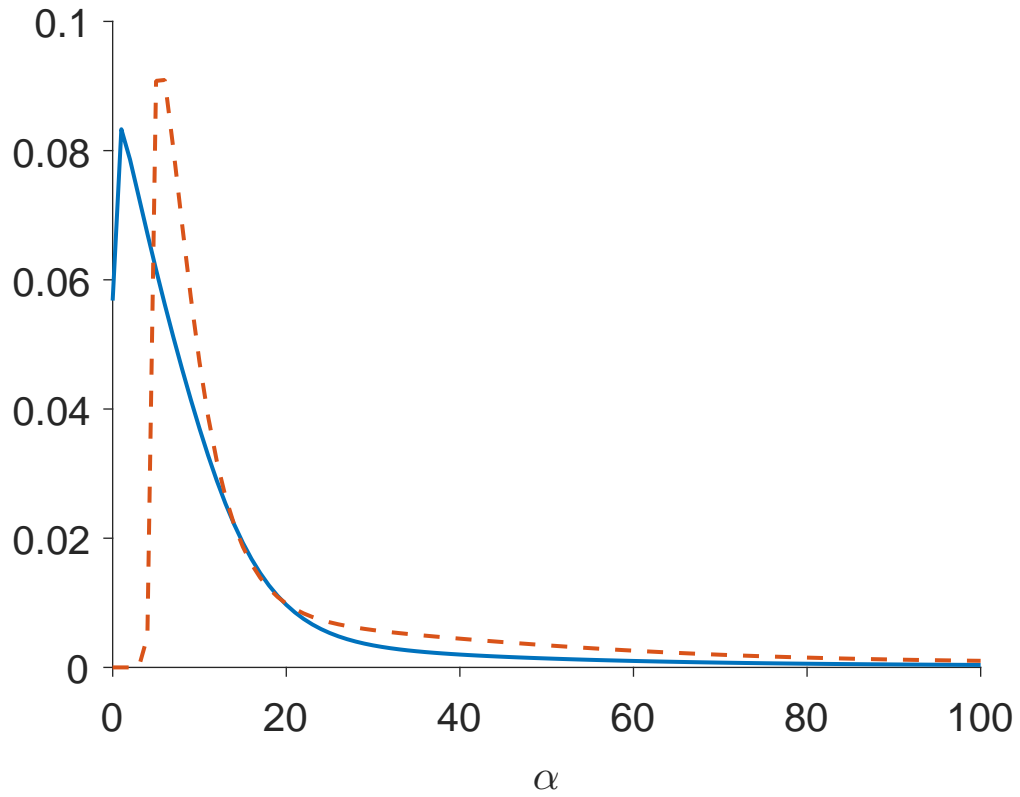


Figure F.5: Distribution of demand for formal care by whether someone lives alone  
 [Estimated probability density functions of formal care satiation points,  $\alpha$ , for each of two groups: people who do not live alone (left-most pdf) and people who do live alone (right-most pdf). The mean of the distribution is 16 hours per week among people who do not live alone and 37 hours per week among people who do live alone.]

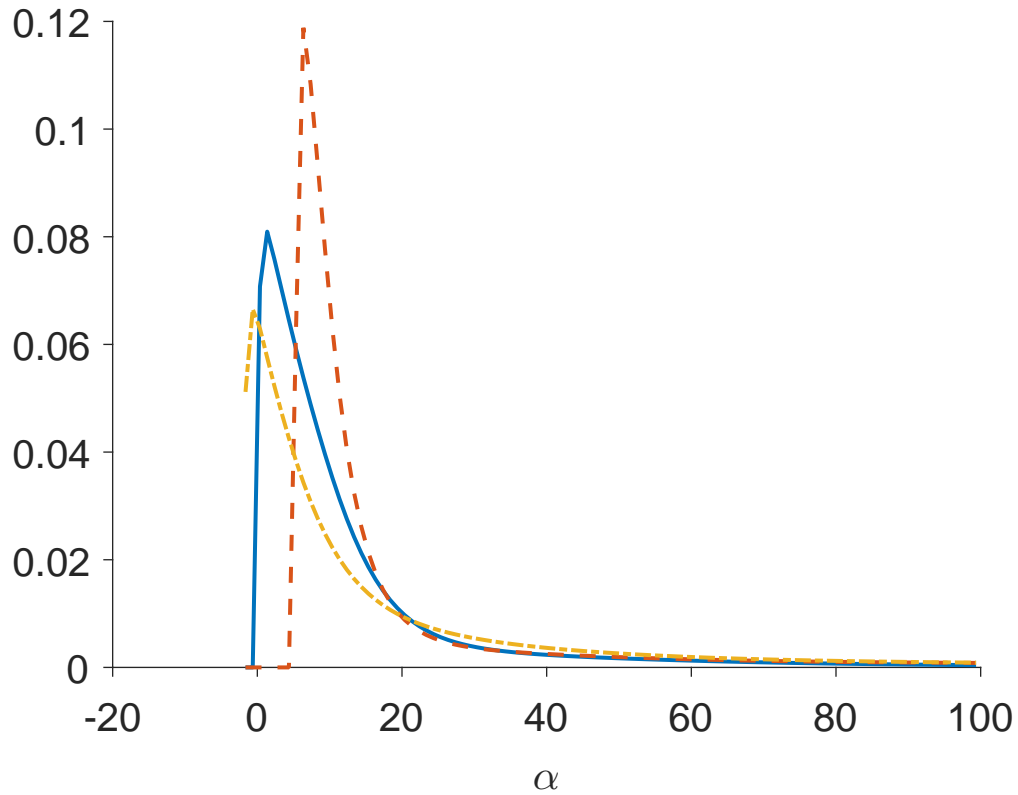


Figure F.6: Distribution of demand for formal care by number of ADL limitations  
 [Estimated probability density functions of formal care satiation points,  $\alpha$ , for each of three groups: people with 2–4 ADL limitations (left-most pdf), people with five ADL limitations (middle pdf), and people with six ADL limitations (right-most pdf). The mean of the distribution is 16 hours per week among people with 2–4 ADL limitations, 31 hours per week among people with 5 ADL limitations, and 34 hours per week among people with six ADL limitations.]



Table F.1: Predicting Price-Adjusted Formal Care Hours in the NLTCs

	(1)	(2)	(3)	(4)	(5)
	OLS	OLS	90th	95th	99th
Medicaid home care	9.59*				
	(5.44)				
Age	0.40**	0.40**	0.40	-0.00	0.20
	(0.17)	(0.17)	(0.68)	(0.93)	(1.46)
Four or more ADLs	10.73***	11.62***	38.42*	95.00***	46.68
	(3.25)	(3.25)	(22.53)	(22.60)	(32.93)
If health fair or poor	-1.85	-0.58	-0.03	-10.00	35.26
	(3.56)	(3.59)	(11.70)	(15.21)	(24.72)
Female	1.26	0.16	-1.53	0.00	-47.16
	(3.94)	(3.93)	(10.10)	(17.20)	(30.50)
Unmarried	13.58***	13.48***	36.13***	43.80***	112.19***
	(3.45)	(3.39)	(13.26)	(16.18)	(34.11)
Has children	5.40	6.12	9.32	7.00	31.17
	(4.71)	(4.46)	(14.07)	(16.57)	(23.79)
Income	-0.00	-0.00	-0.01	-0.00	-0.01
	(0.00)	(0.00)	(0.01)	(0.02)	(0.02)

Dependent variable is price-adjusted hours of formal care. Sample limited to those who are eligible for Medicaid home care (using measure). The sample has observations. Columns (1) - (2) report results from OLS regressions; Columns (3) - (5) present results from quantile regressions with the quantile specified in the column heading. Robust standard errors shown in columns (1) and (2); bootstrapped standard errors shown in remaining columns. \*  $p < 0.10$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$

Table F.2: Summary Statistics and Balance Tests

	Arkansas			Florida			New Jersey		
	Cash	In-kind	Difference p-value	Cash	In-kind	Difference p-value	Cash	In-kind	Difference p-value
Formal care hours, baseline	9.05	9.02	0.96	12.99	13.01	0.99	16.22	15.56	0.52
Number unpaid caregivers, baseline	2.20	2.11	0.30	1.95	2.04	0.45	2.04	2.11	0.59
Age	78.93	79.07	0.76	79.00	79.86	0.18	77.54	77.79	0.65
Male	0.17	0.17	0.92	0.18	0.21	0.45	0.18	0.22	0.15
White	0.62	0.64	0.37	0.67	0.71	0.28	0.50	0.56	0.12
Less than high school degree	0.67	0.66	0.93	0.35	0.38	0.48	0.66	0.65	0.79
High school degree	0.28	0.26	0.48	0.47	0.46	0.97	0.18	0.20	0.54
College degree or more	0.03	0.05	0.10	0.16	0.14	0.48	0.10	0.11	0.68
Health, baseline	3.19	3.22	0.51	3.14	3.06	0.26	3.19	3.16	0.65
Lives alone, baseline	0.32	0.31	0.67	0.25	0.31	0.14	0.33	0.38	0.20
Unmarried	0.85	0.85	0.95	0.77	0.81	0.20	0.79	0.76	0.25
Observations	567	569	.	303	291	.	368	355	.

Means presented by state and type of transfer. P-value is for test that means are the same across the cash and in-kind groups within the state. Formal care hours, Number unpaid caregivers, Health, and Lives alone are presented for the baseline survey at time of randomization. Remaining variables are measured at the nine-month followup.

Table F.3: Price Sensitivity and Statutory Limits

	(1)	(2)	(3)
	Arkansas	Florida	New Jersey
Price, IV Tobit	-0.96*** (0.25)	-2.79*** (0.46)	-1.71*** (0.15)
Price, IV Tobit Limits	-0.45*** (0.12)		-1.93*** (0.16)
Controls	Yes	Yes	Yes
Market price, formal care	12.36	15.09	14.59
Mean hours, in-kind group	11.00	19.35	16.60
Observations	860	482	604

Dependent variable is hours of formal care per week. Data are from the Cash and Counseling experiments. Separate regressions run for each state with IV Tobit (first row). Second row uses IV Tobit and imposes statutory limits as upper bounds on care hours. Controls described in text are included in all regressions. Robust standard errors reported. \*  $p < 0.10$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$

Table F.4: The Sensitivity of the Demand for Formal Care to the Composition of Benefits

	Censored errors				Uncensored errors		
	Normal	Extreme Value	Logistic	T-location scale	Normal	Negative binomial	Poisson
Price	-1.85*** (0.14)	-2.47*** (0.24)	-1.40*** (0.10)	-1.21*** (0.08)	-0.94*** (0.09)	-0.72*** (0.11)	-1.07*** (0.21)
Mean hours	10.89	10.89	10.89	10.89	10.89	10.89	10.89
Observations	1,946	1,946	1,946	1,946	1,946	1,946	1,946

Dependent variable is hours of formal care per week. Data are from the Cash and Counseling experiments. Columns (1) - (4) are IV specifications where the error term is treated as censored on the left. Each column presents the estimated sensitivity of demand under a different distributional assumption on the underlying error term. Columns (5)-(7) use distributions that implicitly assume there is no censoring on the left. All models instrument for price with the participant's randomized treatment status and are estimated via two-stage residual inclusion. for columns (6) and (7), average marginal effects are reported.

\* p<0.10, \*\* p<0.05, \*\*\* p<0.01

Table F.5: Targeting in the Cash and Counseling Experiments, Arkansas

	Entire Sample				Not Enrolled at Baseline			
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
OLS	OLS	90th Quantile	95th Quantile	99th Quantile	OLS	90th Quantile	95th Quantile	99th Quantile
Age $\geq 80$	36.0* (18.9)	30.9 (39.8)	111.2 (121.3)	584.0 (382.2)	56.6 (38.6)	241.0** (117.3)	305.9 (324.9)	1,579.0*** (485.9)
ADLs	20.8*** (8.0)	70.0*** (13.8)	105.1*** (31.1)	168.9 (152.4)	6.4 (13.2)	24.7 (51.3)	86.5 (104.5)	559.3** (277.3)
Health fair or poor	-6.6 (27.6)	-24.7 (66.5)	-123.6 (433.5)	435.7 (496.9)	-31.1 (44.6)	-98.9 (106.1)	-123.6 (419.3)	312.1 (789.4)
Female	12.9 (18.3)	37.1 (41.6)	185.4** (72.6)	543.8* (321.9)	36.5 (27.3)	105.1 (86.5)	281.2** (125.8)	1,053.7** (488.5)
Unmarried	-6.7 (18.7)	-0.0 (60.1)	123.6 (102.2)	716.9*** (203.8)	21.1 (27.9)	49.4 (76.3)	309.0** (129.4)	1,016.6* (522.4)
Lived alone at baseline	-37.6** (17.4)	-98.9* (57.4)	-185.4** (90.2)	-704.5* (382.1)	-46.5 (28.9)	37.1 (101.6)	-222.5 (207.9)	-855.9 (571.2)

Dependent variable is dollar costs of benefits for participants in the Arkansas Cash and Counseling experiment. Each row presents results from a separate regression. The omitted health category is health good or excellent. Columns (1) and (5) present results for OLS regressions; remaining columns for the specified quantiles. Robust standard errors presented for OLS results; bootstrapped standard errors presented for quantile regressions. Columns (1) through (4) include all Arkansas participants. Columns (5) through (8) only include Arkansas participants who had not been enrolled in Medicaid home care before the baseline. \*  $p < 0.10$ , \*\*  $p < 0.05$ , \*\*\*  $p < 0.01$